



## Performance Comparison of Crossflow Turbine Configuration Upper Blade Convex and Curvature by Computational Method

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### Abstract

A pico-hydro-type crossflow turbine (CFT) with an off-grid system configuration is a suitable option to increase the electrification ratio in remote or rural areas because it has a simple shape and can be applied in run-of-river conditions. Yet, a comprehensive study is necessary for the CFT to be applied to run-of-river conditions (low head and extreme fluctuation discharge), since this is categorized as an impulse turbine. One solution to optimize the CFT's performance in this context is to increase the lift force. Hence, this study investigated the effect of the upper blade of the CFT with convex and curved configurations using the computational fluid dynamics (CFD) method. The CFD transient approach uses a moving mesh feature, and the solver is pressure-based in low-head conditions (5 m pressure). The CFD results and analysis of variance (ANOVA) calculation results from this study reveal that the upper CFT affects the performance of the turbine. The relationship of the CFT performance with the rotation and specific speed is parabolic. The express empirical law relation for performance to rotation is a four-order polynomial, and for performance to a specific speed, a three-order polynomial. Based on empirical laws, a CFT with a convex blade is recommended for conditions with low head and extreme fluctuation discharge since it has a wider range of specific speeds than a curved blade, propeller, or Kaplan, Pelton, or Francis turbine.

**Keywords:** Computational Fluid Dynamics (CFD); Crossflow Turbine; Performance; Upper Blade; Specific Speed; Hydrodynamic.

## 1. Introduction

Electrification is an effective way to improve living standards [1], but remote areas are experiencing an electrical energy crisis. The pico-hydro-based off-grid-type crossflow turbine is a suitable option to increase the electrification ratio in remote areas. A crossflow turbine (CFT) is an economical turbine since it has a simple shape and can operate even when there are high flow-rate fluctuations (meaning it can be applied in run-of-river conditions) [2–5].

A CFT is an impulse-type turbine with medium-to-high head operating conditions. Yet, remote areas usually have run-of-river conditions, which are categorized as low-head. The energy conversion process has been studied by characterizing the CFT flow field as part of efforts to apply CFTs in low-head conditions. Several studies have shown that rotating flow often occurs in CFTs. Yet, this should be minimized since it causes hydraulic losses, consequently reducing a turbine's performance. The rotation often occurs between the blades in the middle of the runner [6]. Warjito et al. [7] studied the CFT flow field to determine the causes of losses in the nozzle and runner. Based on their results,

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they proposed that the rear wall and  $90^\circ \beta_2$  (blade angle at the outlet) can minimize the area prone to recirculation in the runner's centre. Then, Sammartano et al. [8] investigated the CFT energy conversion process and concluded that the CFT's performance is dominated by the blade shape ( $\beta_1$  and  $\beta_2$ ) and water velocity ( $C_1$ ). Sammartano et al. [3] recommend  $42^\circ$  as the optimum blade angle in the inlet ( $\beta_1$ ), and Chen and Choi [9] suggested  $20^\circ$  as the optimum angle of attack for  $C_1$  ( $\alpha_1$ ).

There are three options for operating a CFT at a low head: design an inlet similar to a volute for parallel velocity vectors so that the momentum of the water to be transferred to each blade is proportional; increase the lift force, for instance, through the design of the CFT's upper blade; or optimize the ratio between the active and inactive blades. When we consider the first option, the nozzle geometry (incoming jet angle) is important to increase the discharge and the vector of the jet velocity [10]. An incoming jet angle ( $\lambda$ ) of  $50^\circ$  was suggested in one study to indicate more profitable hydraulic behaviour than  $60^\circ$  to  $90^\circ$  [10]. Then, other studies recommended an  $\lambda$  of  $60^\circ$  after exploring a study range from  $60^\circ$  to  $80^\circ$  [11, 12]. All three studies cited [10–12] showed that the  $\lambda$  significantly affects the CFT performance and indicated the possibility that lower  $\lambda$  angles produce a better performance. In contrast, Anand et al. [13] hypothesized that a  $90^\circ \lambda$  should be used for the optimum efficiency; however, the authors failed to comprehensively explain the performance of each case in their report (which included a variation  $\lambda$ ) [13]. Then, Piceno et al. [14] proposed a new nozzle design for CFTs; the inlet follows a convergence pipe concept, and the outlet uses a pressurized diffuser. The convergence pipe is combined with volute concepts to uniform the water velocity vector to the runner [14]. Based on numerical results, the maximum CFT performance when using the convergence pipe combined with volute concepts was 71.7% with a  $90^\circ \lambda$  [14], with 76% then offered in a follow-up study [15]. The two different results ( $>\lambda >\eta$ ;  $<\lambda >\eta$ ) reflect a difference in the nozzle design. The nozzle design should ensure all the velocity vectors of water hitting the blades are at their optimum, and  $C_1$  should result in a  $20^\circ \alpha_1$ . However, there is no conclusion yet on the optimum  $\lambda$ ; extensive studies of  $\lambda$  are necessary to determine its optimal condition.

The second approach that may be applied to improve the CFT performance is to increase the lift force. To that end, this study focuses on the design of the CFT's upper blade. Curvature is the norm [16–18], following the lower geometry of the blade (Figure 1-a). Lift force occurs because of a difference in the flow fields between the upper and lower blades [19]. A previous study [20] showed that the concept of a CFT blade made from an aerofoil does not produce an increase in lift force because the blade tip becomes blunt and a taper is required. The blunt blade tip blocked the flow in a similar outcome to that found in another case study [21]. An appropriate alternative for increasing a CFT's lift force is to design the upper blade with a convex in the centre (Figure 1-b), where the flow field at the upper end is wider than that at the lower end. Accordingly, the water velocity in the upper blade is higher than that in the lower blade, creating a lift force. To test the approach, in this study, we investigated a CFT blade with a pointed tip and another with a convex-centre upper blade to determine the effect of lift force on the CFT's performance, which we assessed using the computational fluid dynamics (CFD) method. CFD allowed us to visualize flow phenomena in more detail than experiments would have enabled and thus gain a comprehensive understanding of the CFT energy conversion process; consequently, we determined which upper CFT blade configuration performed the best.

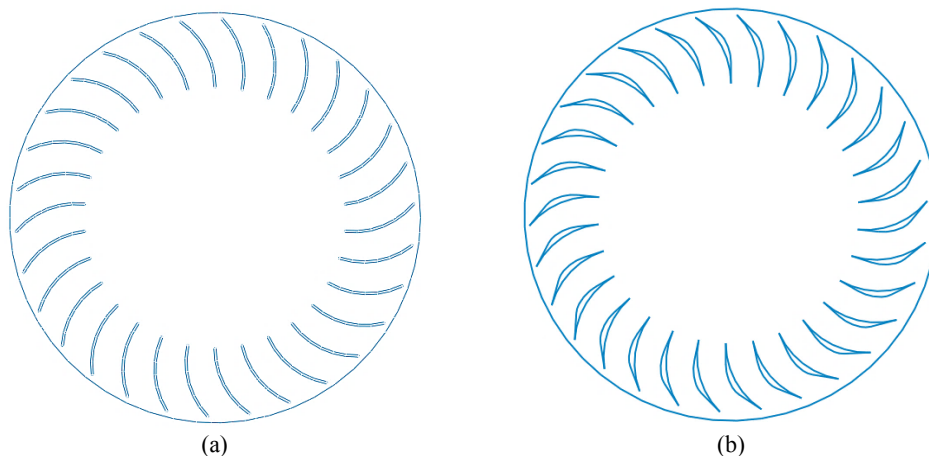


Figure 1. Two-dimensional CFT runner: (a) Curved blade configuration; (b) Convex-at-centre blade configuration

## 2. Method

### 2.1. Geometry and Mechanical Power Analysis

Figure 2 presents the CFT's design; the lower blade design follows [22], and the nozzle design follows [18] enhanced by [10]. We employed analytical calculations using the study concept from [22] (validated by Adhikari and Wood [23]), with an optimum angle of attack ( $\alpha_1$ ) of  $22^\circ$ , blade angle at the inlet ( $\beta_1$ ) of  $40^\circ$ , and blade angle at the outlet ( $\beta_2$ ) of  $90^\circ$ . Moreover, the inner ( $D_{in}$ ) and outer diameters of the runner ( $D_{out}$ ) were taken as 18 and 11.78 cm, respectively. Another previous study [9] recommended using an optimum rear-wall angle ( $\lambda$ ) of  $50^\circ$ .

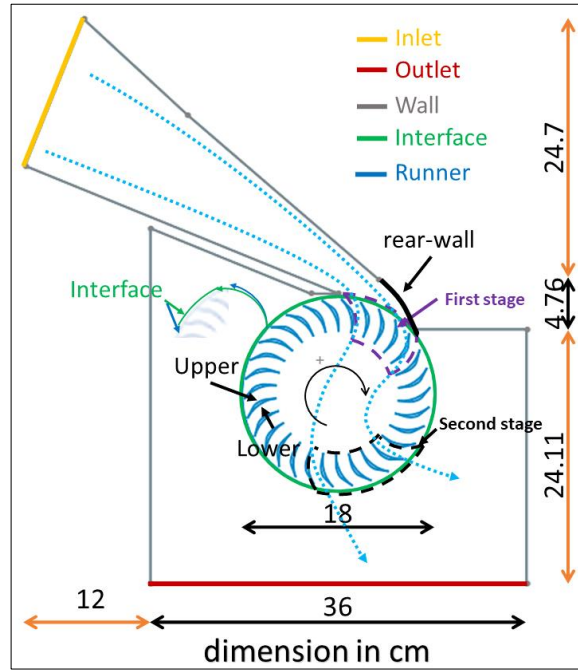


Figure 2. Two-dimensional CFT geometry

The mechanical power ( $P_{mech}$ ) is the function of torque ( $\tau$ ) and angular velocity ( $\omega$ ), namely:

$$P_{mech} = \sum \tau \times \omega \tag{1}$$

Then, the performance of the turbine ( $\eta$ ) is the function of  $P_{mech}$  and potential power ( $P_{avai}$ ), namely:

$$\eta = \frac{P_{mech}}{P_{avai}} = \frac{\sum \tau \times \omega}{\rho \times g \times Q \times H} \tag{2}$$

where  $\rho$  is water density,  $g$  is gravity,  $Q$  is discharge, and  $H$  is the head. The specific speed ( $N_s$ ) is a non-dimensional analysis used to determine whether the turbine is performing to its maximum in conditions  $Q$  and  $H$ . The  $N_s$  for a turbine is expressed using:

$$N_s = \frac{n \cdot P_{avai}^{0.5}}{\rho^{0.5} \cdot (g \cdot H)^{1.25}} \tag{3}$$

where  $n$  is the rotational speed of the runner.

## 2.2. CFD Method

The first equation for the simulation is continuity. The continuity equation [24] is given as follows:

$$\frac{\partial \rho}{\partial t} + \frac{\partial \rho u_j}{\partial x_j} = 0 \tag{4}$$

The next equation is the transport equation. For this, a momentum equation based on the Reynolds averaged Navier–Stokes (RANS) equation is required, with the body force (turbulence flow approach) and fluids flow categorized as Newtonian viscous fluids [24], so:

$$\frac{\partial \rho u_i}{\partial t} + \frac{\partial \rho u_i u_j}{\partial x_j} = -\frac{\partial p}{\partial x_i} + \frac{\partial}{\partial x_j} (\tau_{ij} - \rho u_i' u_j') + \rho g_j \tag{5}$$

where  $p$  is pressure,  $\tau_{ij}$  is the viscous stress tensor,  $-\rho u_i' u_j'$  is the Reynolds stress tensor, and  $g$  is gravity. The modelling for  $-\rho u_i' u_j'$  [25] is as follows:

$$-\rho u_i' u_j' = \mu_t \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) - \frac{2}{3} \left( \rho k + \mu_t \frac{\partial u_i}{\partial x_i} \right) \delta_{ij} \tag{6}$$

where  $\mu_t$  is the eddy (molecular) viscosity,  $k$  is the turbulence kinetic energy, and  $\delta_{ij}$  is the Kronecker delta. Furthermore, the volume fraction (VoF) model is applied since the CFT operates at atmospheric pressure. The VoF model is:

$$\frac{\partial}{\partial t} (\alpha_n \rho_n) + \frac{\partial}{\partial x_j} (\alpha_n \rho_n u_{j,n}) = \frac{1}{V} \sum_{m=1}^{\text{all phase}} (\dot{m}_{mn} - \dot{m}_{nm}) \tag{7}$$

where  $\dot{m}$  is the mass transfer of the fluid phase, and the constant of interfacial surface tension is 0.0728 N·m [26].

The transition shear stress tensor (SST) can be applied to predict the turbulent flow in a CFT [27]. The SST model is an eddy viscosity model with two characteristics [24]. First, the numerical calculation for the fluid flow interaction in the inner boundary layer is made using the  $k-\omega$  model for the outer region of the boundary layer, and using the  $k-\epsilon$  model outside of it. Second, a limitation calculation is needed of the shear stress in regions with an adverse pressure gradient. The SST equations are as follows. For  $k$  [28, 29], the following equation is used:

$$\frac{\partial(\rho k)}{\partial t} + \frac{\partial(\rho k u_j)}{\partial x_j} = \frac{\partial}{\partial x_i} \left( \Gamma_k \frac{\partial k}{\partial x_j} \right) + G_k - Y_k + S_k \tag{8}$$

Then, for  $\omega$ , this is the equation:

$$\frac{\partial(\rho \omega)}{\partial t} + \frac{\partial(\rho \omega u_j)}{\partial x_j} = \frac{\partial}{\partial x_i} \left( \Gamma_\omega \frac{\partial \omega}{\partial x_j} \right) + G_\omega - Y_\omega + S_\omega \tag{9}$$

where  $\Gamma_k$  and  $\Gamma_\omega$  are the effective diffusivities,  $G_k$  and  $G_\omega$  are the products of  $k$  and  $\omega$ ,  $Y_k$  and  $Y_\omega$  are the dissipation of  $k$  and  $\omega$ , and  $S_k$  and  $S_\omega$  are user-defined source terms [28, 29].

Figure 3 presents the CFD simulation process. The wall, inlet, outlet, and interface are defined for boundary conditions. Then, the meshing process determines the number of the mesh using the grid convergence index (GCI) calculation. The simulation setup has eight steps. General section has three inputs: the solver is pressure-based, there is the transient approach, and gravity acts on the y-axis. The materials section required for the simulation are water and air. The model process has three inputs: VoF activation, a surface tension of 0.072 N/m, and a viscous model SST. The boundary condition process defines the inlet and outlet, both of which are as pressure. Then, defining the static and dynamic domains requires the determination of the mesh interface process.

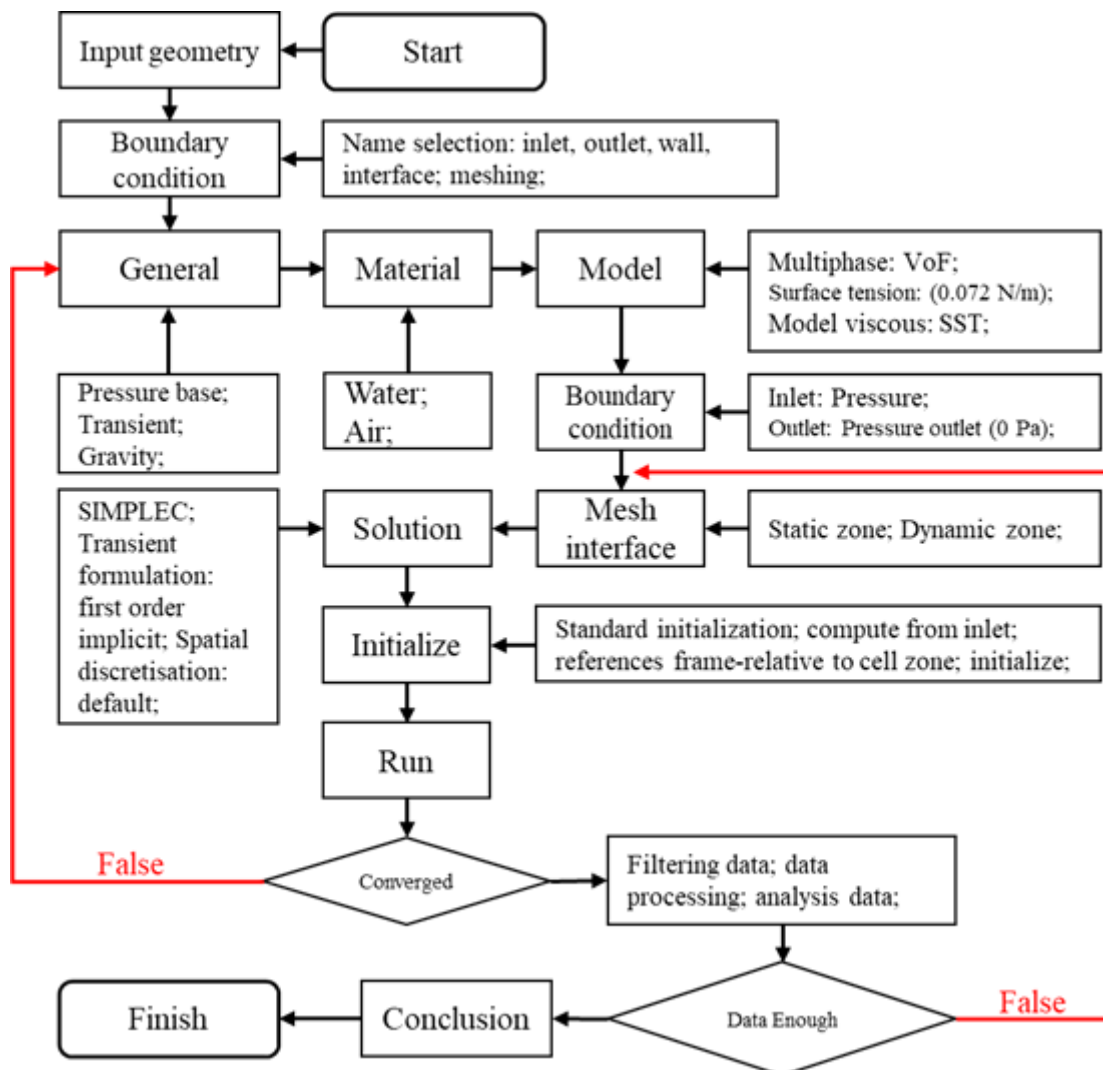


Figure 3. Flowchart of CFD simulation

Furthermore, the solution process has three setup steps: solution, transient formulation, and spatial discretization. SIMPLE is activated for the solution because the processing load is lighter than for SIMPLEC, SIMPLER, or PISO. The transient formulation is first-order implicit. Spatial discretization is the default. The solution has two setup conditions: the standard initialization must be computed from the inlet, and the reference frame must be relative to the cell zone. The setup of the reference frame for the water–liquid volume fraction is zero (0) since the initial condition at the inlet is assumed to be 100% water. Then, the simulation is run; if the numerical results do not converge, we revert to the general process. All data from the numerical results are filtered to minimize errors.

### 2.3. Independence Test Method

The parameters for the mesh test are based on the three vector calculation results (e.g. torque ( $\tau$ )). The mesh test uses the GCI. Three mesh numbers (at least) are compared to determine the exact value ( $\tau_{\rightarrow\infty}$ ). The calculation of  $\tau_{\rightarrow\infty}$  using extrapolation concepts:

$$\tau_{\rightarrow\infty} = \tau_f - \left( \frac{\tau_m - \tau_f}{b_{fm}^{j_{n+1}} - 1} \right) \quad (10)$$

where  $b$  is the ratio of grid refinement. An example calculation is:

$$b_{fm} = \left( \frac{e_f}{e_m} \right)^{0.5} \quad (11)$$

where  $e$  is the element or mesh number. Then,  $f_{cm}$  is  $2/b_{mc}$ ,  $f_{mf}$  is  $b_{mc}/b_{fm}$ , and  $f_{ff}$  is  $b_{fm}/b_{ff}$ . Moreover,  $j_n$  is obtained from numerical calculations, as follows:

$$j_{n+1} = \ln \left| \left( \frac{\tau_c - \tau_m}{\tau_m - \tau_f} (b_{fm}^{j_{n-1}}) \right) + b_{fm}^{j_n} \right| / \ln(b_{fm} \times b_{mc}) \quad (12)$$

Usually, the initial number for  $j$  is 2. In that case, the GCI analysis becomes:

$$GCI_{fm} = S_f \left| \frac{1}{\tau_f} \frac{\tau_m - \tau_f}{b_{fm}^{j_n} - 1} \right| \times 100\% \quad (13)$$

where  $S_f$  is the safety factor of 1.25.

The timestep independency test uses the Courant number ( $C_o$ ), a non-dimensional calculation of the fluid motion passing through an element or mesh. Ideally, the  $C_o$  is below 1; if it is more than that, this indicates that particles have gone uncalculated in the element or mesh (skip a cell) [26]. An example of the  $C_o$  calculation is given below:

$$C_o = u_i \times \frac{\Delta t}{\Delta x} \quad (14)$$

where  $\Delta x$  is the element or mesh size,  $\Delta t$  is the timestep, and  $u_i$  is the particle's average velocity.

## 3. Results and Discussion

### 3.1. Independence Test Results

Four mesh numbers were compared to determine which was optimal: 2.6k (2f), 10.7k (1f), 42.9k (0.5f), and 174.9k (0.25f). 0f is the exact value (that is, the  $\tau_{\rightarrow\infty}$ ). Table 1 sets out the GCI calculation results. Based on Table 1, the 42.9k element or mesh number was suitable in this case, with an error of 3.03%, which showed it was appropriate since the recommended GCI percentage is below 5% [30]. Figure 4 offers a visualization of the 42.9k mesh or element number. Infiltration layer 4 is applied in this case to avoid calculation errors due to moving mesh; the implemented infiltration layer is applied to all blades.

**Table 1. Independence test results for the element or mesh number**

e	f	$\tau$ (N·m)	$j_n$	GCI (%)
2.6k	2	40.2		-
10.7k	1	44.1		11.04
42.9k	0.5	45.14	0.9938	3.03
174.9k	0.25	45.69		1.48
Continuum	0	45.91		

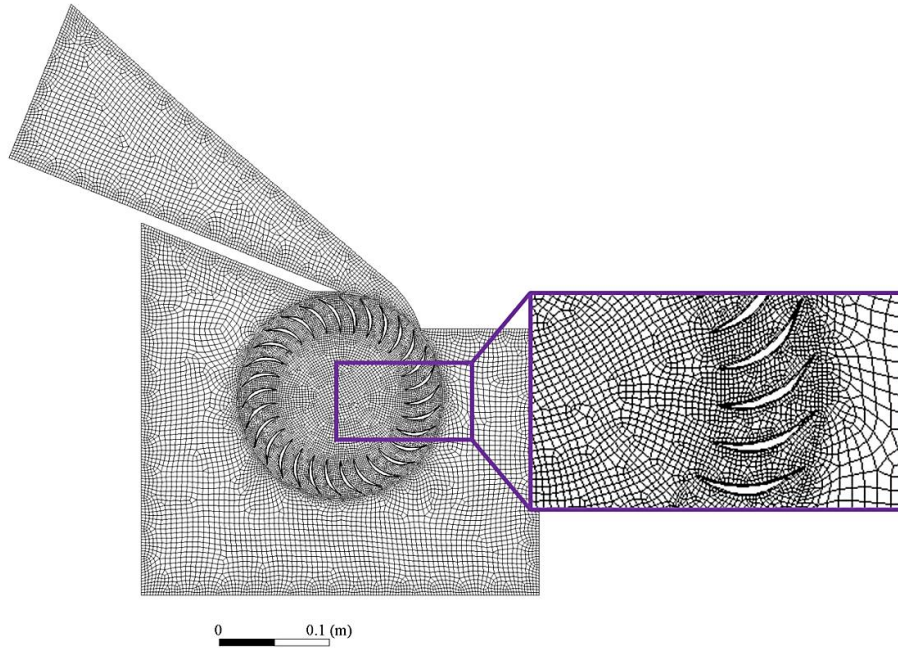


Figure 4. Mesh visualization for 42.9k

The 42.9k element or mesh number has a size ( $\Delta x$ ) of 1.7 mm. Based on a probe, the average local velocity of water ( $u_i$ ) was recorded as 3.1 m/s. Therefore, the recommended timestep size ( $\Delta t$ ) based on suggestions from the literature ( $C_o \leq 1$ ) was 0.0005s. Table 2 presents the  $C_o$  calculation results.

Table 2. Independence test results for the timestep size

$\Delta x$ (mm)	$u_i$ (m/s)	$\Delta t$ (s)	$C_o$
1.7	3.1	0.00125	2.23
		0.0012	2.14
		0.0005	0.89
		0.0004	0.71

### 3.2. Computational Results

Figure 5 demonstrates the relationships of  $\tau$  and  $P_{mech}$  with  $n$  (5-a:  $\tau$  with  $n$ ; 5-b  $P_{mech}$  with  $n$ ). Based on Figure 5-a, the relationship of  $\tau$  with  $n$  can be inferred to be linear, and can be expressed with:

$$\tau = a - b \cdot n \tag{15}$$

for convex blade a of 43.11 and b of 0.044, and for curved blade a of 33.74 and b of 0.03. The  $\tau$  of the convex blade is higher than that of the curved blade for the  $n$  values of 400 and 500 rpm. Based on the estimation produced using Equation 15, the convex blades will have higher  $\tau$  values than the curved blades at lower  $n$  values, and vice versa.

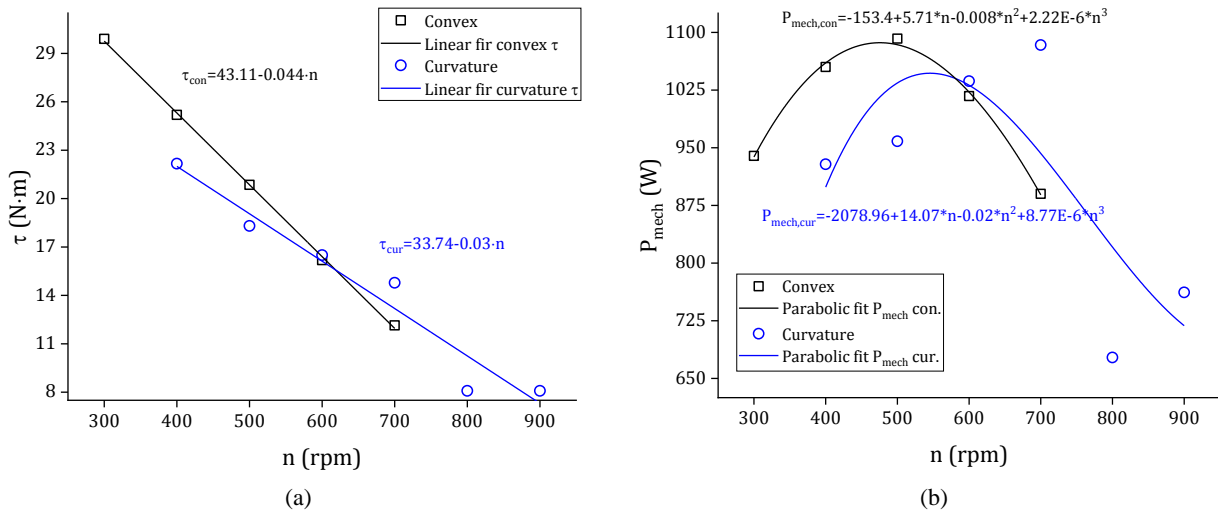


Figure 5. Relation of  $\tau$  and  $P_{mech}$  to  $n$

Then, based on Figure 5-b, the relationship of  $P_{mech}$  with  $n$  can be inferred to be parabolic, and can be expressed with:

$$P_{mech} = a + b \cdot n + c \cdot n^2 + d \cdot n^3 \tag{16}$$

for convex blade  $a$  of -153.4,  $b$  of 5.71,  $c$  of -0.008, and  $d$  of 2.22E-6, and for curved blade  $a$  of -2078.96,  $b$  of 14.07,  $c$  of -0.02, and  $d$  of 8.77E-6. Based on Figure 5-b, we can also determine that the  $P_{mech}$  for the convex blade is higher than that for the curved blade. For the convex blade, the highest  $P_{mech}$  is 1091.92 W at 500 rpm, while for the curved blade, this is 1083.57 W at 600 rpm.

Figure 6 reveals the relationships of  $\eta$  with  $n$  and  $N_s$  (6-a:  $\eta$  with  $n$ ; 6-b:  $\eta$  with  $N_s$ ). Based on Figure 6, these can be determined to be parabolic. The relationship of  $\eta$  with  $n$  can be expressed as:

$$\eta = a + b \cdot n + c \cdot n^2 + d \cdot n^3 + e \cdot n^4 \tag{17}$$

for convex blade  $a$  of -2.4,  $b$  of 5.71,  $c$  of 0.326,  $d$  of 3.66E-4, and  $e$  of 5.84E-8, and for curved blade  $a$  of -39.34,  $b$  of 5.71,  $c$  of 0.39,  $d$  of 3.47E-4, and  $e$  of 1.52E-8. In Figure 6-a, we can see that the curved blade has a better performance (76.94%) than the convex blade (76.84%). Compared to a previous study [10], the CFT upper blade geometry (convex and curvature) changes went further to improve its performance, from a 61% [10] improvement to 76.84% (convex blade) or 76.94% (curved blade). Yet, the relationship of  $\eta$  with  $n$  is similar to in the previous study [18, 23], which verifies the simulation results.

$$\eta = a + b \cdot N_s + c \cdot N_s^2 + d \cdot N_s^3 \tag{18}$$

for convex blade  $a$  of 3.65,  $b$  of 29.36,  $c$  of -2.52, and  $d$  of -0.09, and for curved blade  $a$  of -53.84,  $b$  of 48.09,  $c$  of -4.54, and  $d$  of -0.004. Based on the prediction made using Equation 18, for a performance over 65%, the  $N_s$  range for the convex blade is more profitable, at 3.51 (from 2.87 to 6.38), than that for the curved blade, at 2.85 (from 3.91 to 6.76).

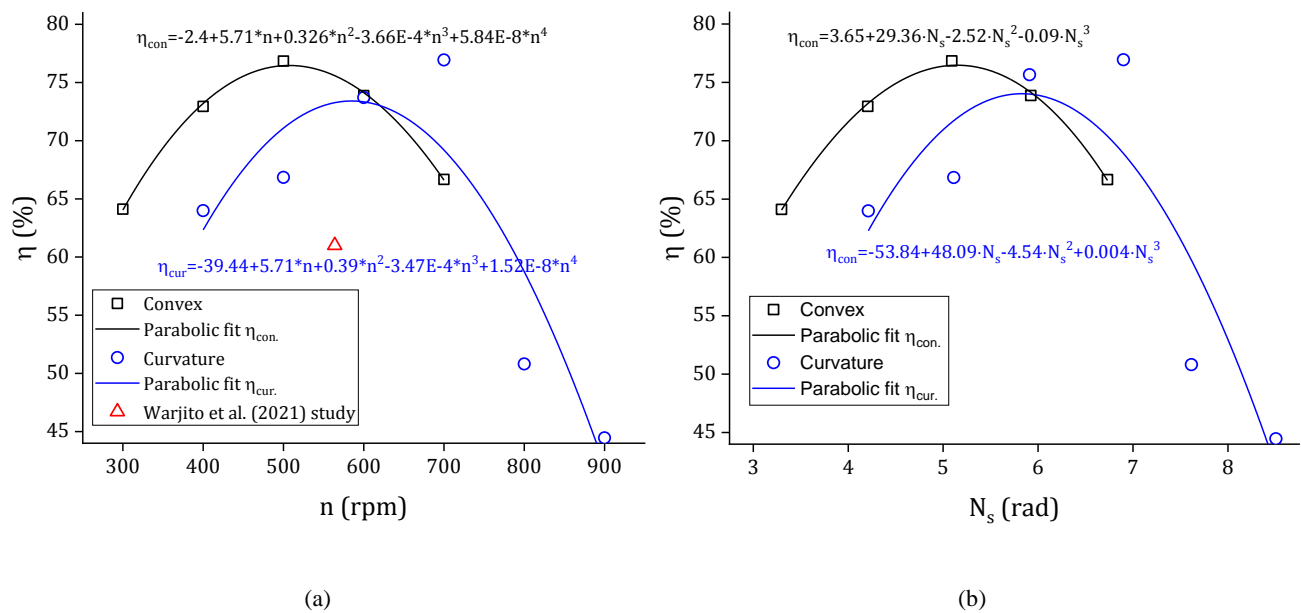
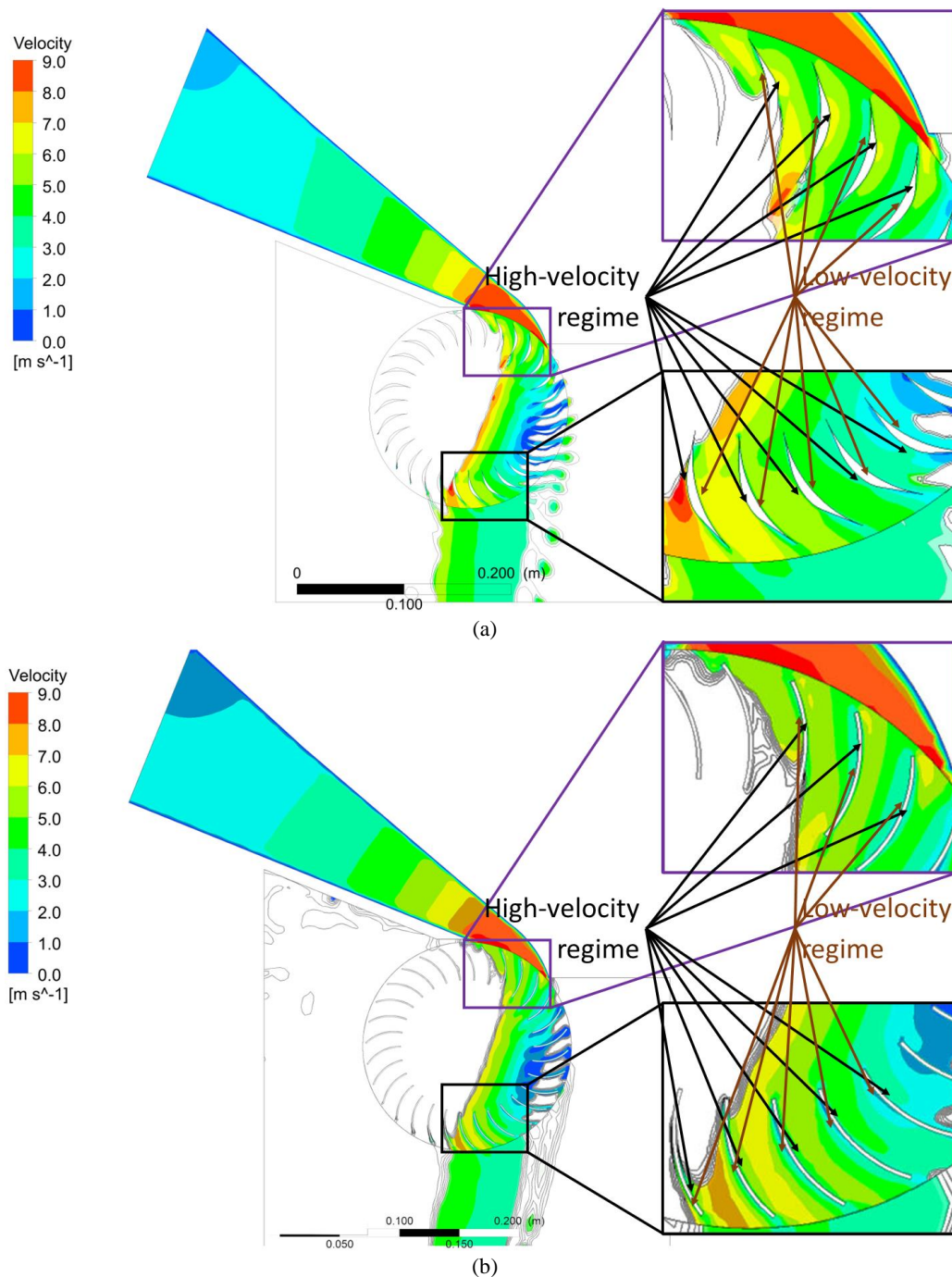


Figure 6. Relationship of  $\eta$  with  $n$  and  $N_s$

### 3.3. Discussion

Figure 7 visualizes the velocity contours (7-a convex blade; 7-b curved blade). In Figure 7-a, the first and second stages indicate the lift force produced, where the water velocity in the upper blade is higher than that in the lower blade. In contrast (Figure 7-b), for the curved blade, there is no significant difference in water velocity between the upper and lower parts of the blade. Figure 7-a demonstrates that the lift force does not significantly contribute to the  $P_{mech}$  produced by the runner with the curved blade, similar to the finding of a previous study [20]. Meanwhile, insignificant lift force is created by the linear curved blade shown in Figure 7-b, where, in the second stage, the water velocity in the lower blade is higher than that in the upper blade; indeed, this configuration was not good for the CFT.



**Figure 7. Visualization of the velocity of water**

From Figure 6-b, we can surmise that a CFT is less desirable than a Kaplan, Pelton, or Francis turbine since it has lower off-design efficiency. A Kaplan or propeller turbine is the preferred option even for low-to-medium-head conditions with medium or low discharge ( $Q$ ) (run of river). The CFT has low efficiency but has a wider  $N_s$  range, from 2.87 to 6.38 rad, than the Kaplan, Pelton, and Francis turbines (Kaplan turbine, 1.55–4.5 rad; Pelton turbine, 0.1–0.5 rad; Francis turbine, 0.26–2.45 rad [31]). The  $N_s$  range for the convex and curved blades in Figure 5-b is similar to Mockmore and Merryfield's [32] finding of 4.4 rad (275 rpm) and Warjito et al.'s [10] finding of 3 rad. The advantage of a wide  $N_s$  range is that the turbine can work optimally despite extreme fluctuations in head and discharge (see Equation 2).

In addition, the energy conversion ratio in the first and second stages is similar to that recommended by Andrade et al. [6], with a first stage  $\pm 70\%$  and second stage  $\pm 0\%$  (Figure 8). As can be seen from Figure 8, the energy conversion on the convex blade is higher than on the curved blade; this condition is in line with the ANOVA results, which show the blade shape affects the CFT's performance. Furthermore, based on Figure 9, the active blade for convex blade of 11 is better than that of curved blade of 10. Therefore, Table 3 and Figure 8 indicate that taking this approach to improve the efficacy of a CFT can be recommended when using a convex blade.



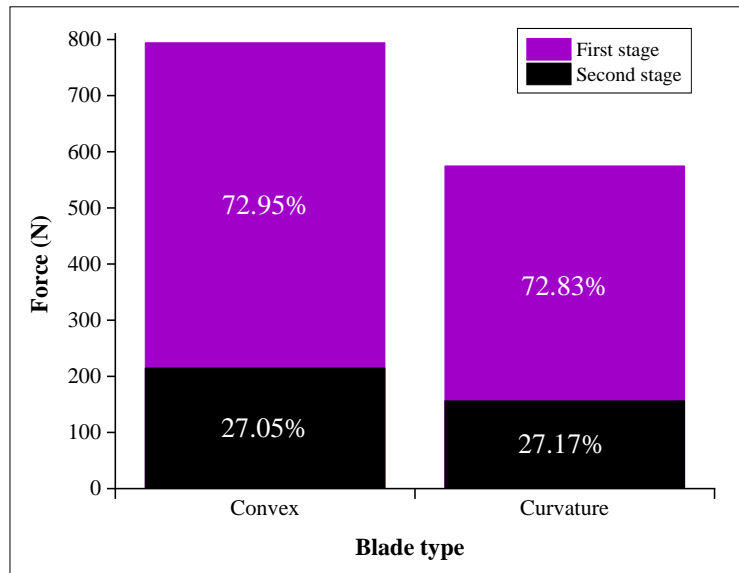
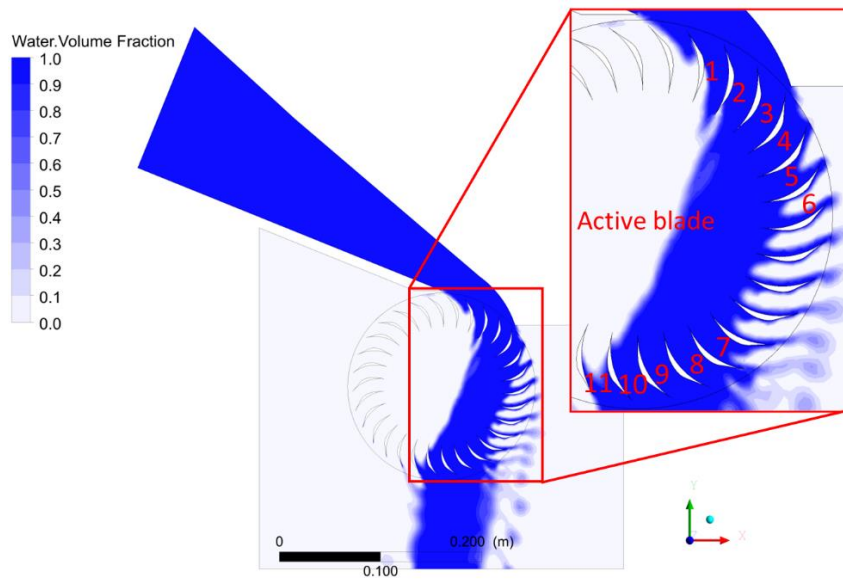
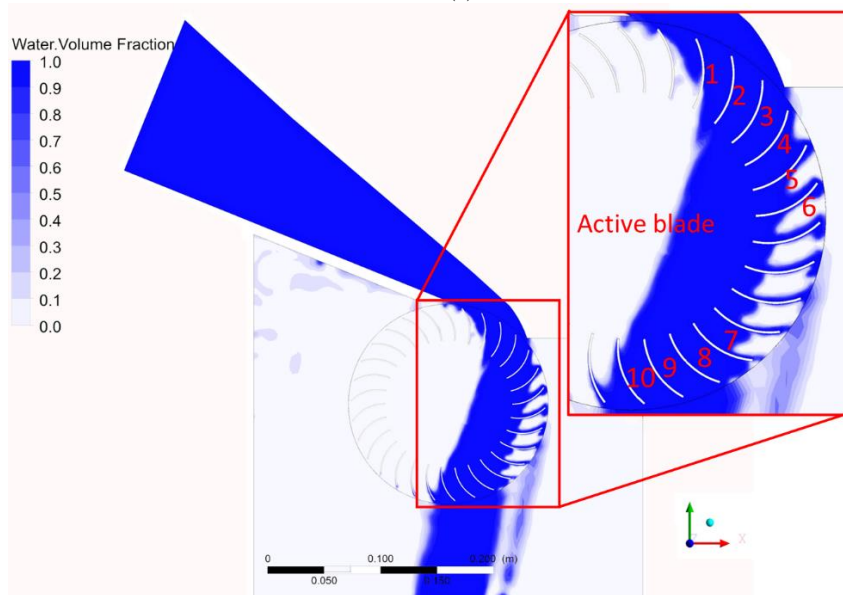


Figure 8. Proportions of energy conversion in the first and second stages at peak performance



(a)



(b)

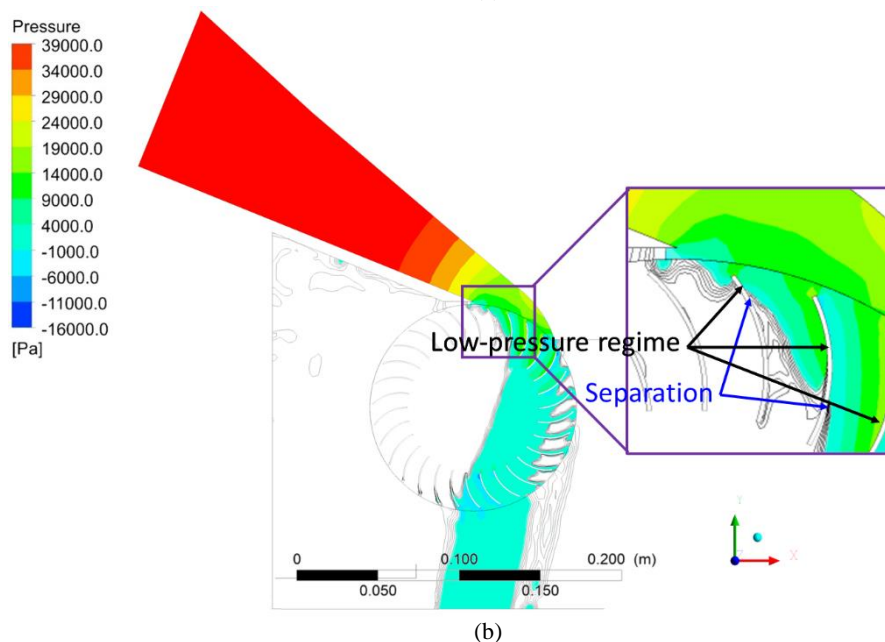
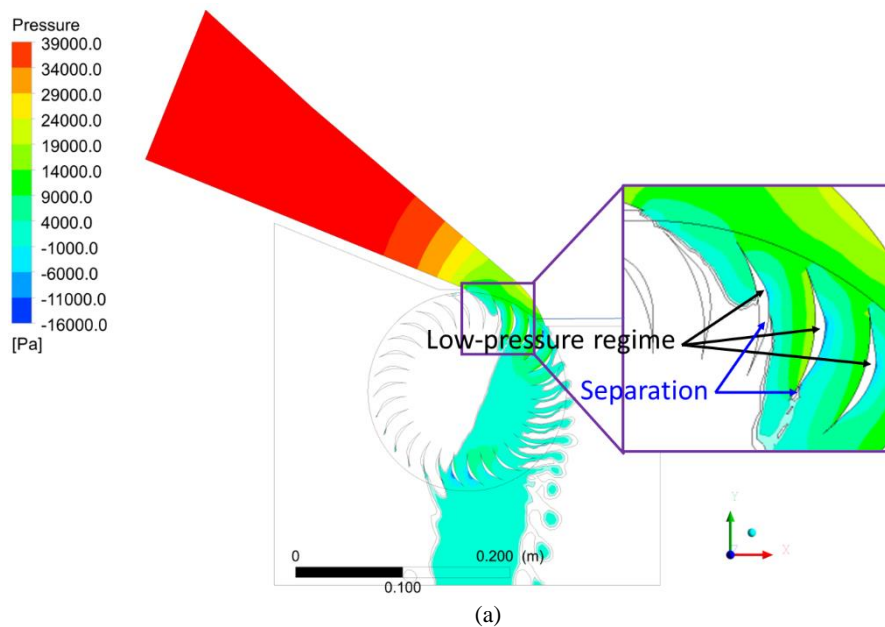
Figure 9. Visualization of water volume fraction

**Table 3. Single factor ANOVA**

Source	Sum of square	DF	Mean square	F	P-value	F <sub>crit</sub>
Upper blade configuration	49.86	1	49.86	6.6	0.017	4.28
Error	173.65	23	7.55			
Total	405.27	47				

From Figure 9, the hypothesis about the effect of the active-to-inactive blade ratio in CFTs can be said to be verified. The curved blade has a lower active-to-inactive blade ratio than the convex blade. As a result, water is trapped in the inactive blade between active blade numbers 6 and 7 (at the inlet’s second stage). The water that is trapped is considered a loss since it inhibits the runner’s rotation and torque. The trapped water reduces the force (torque) of the curved blade, which explains why that is lower than the force of the convex blade (Figure 8).

Figure 10 illustrates the pressure contours of the water phase. In Figure 10, low pressure on the upper convex blade is wider than the curved blade. The low pressure on the upper blade also indicates a contribution made by lift force to the CFT energy conversion process. The wider the low pressure on the upper blade, the greater the positive impact. Figure 10 aligns with Figures 5, 6, and 8, in which a wider blade with lower pressure generates greater  $\tau$  and, consequently, the  $P_{mech}$  and  $\eta$  increase. Based on Figure 10, we propose that lift force can be generated and increased in the CFT by designing its blade with a convex configuration.



**Figure 10. Visualization of pressure contour**

## 4. Conclusion

A pico-hydro-type crossflow turbine (CFT) with an off-grid system configuration is a suitable option to increase the electrification ratio in remote or rural areas. A CFT is an economical turbine since it has a simple shape and can operate with high flow-rate fluctuations, meaning it can be operated in run-of-river conditions [2–4]. However, a CFT is impulse-categorized, so comprehensive studies are necessary before it can be applied to run-of-river conditions (low head and extreme fluctuation discharge). In that context, one solution to increasing the CFT's performance is to increase the lift force. Therefore, this work investigated the performance of CFT upper blades with convex and curved configurations. The CFD method based on the feature moving mesh approach was taken to determine the performance of the two blade configurations with variations in the runner rotation. A pressure-based solver was used given the incompressible fluid flow and the inlet boundary condition pressure of 5 m (low head). Based on our CFD results and ANOVA analysis, we can surmise that the upper CFT affects its performance. The relationships of the performance of the CFT with the rotation and specific speed are parabolic; for the performance and rotation, this constitutes four-order polynomials, and for the performance and specific speed, three-order polynomials. The curved blade achieved the highest performance of 76.94%, and the convex blade achieved the highest performance of 76.84%. When we studied the specific speed, the range for the convex blade was 2.87–6.38 rad, and that for the curved blade was 3.91–6.76 rad, meaning the convex blade is more productive than the curved blade. Based on the specific speed range, the CFT with the convex blade is recommended for low-head and extreme fluctuation discharge conditions since it has a wider range of specific speed than the curved blade, propeller, or Kaplan, Pelton, or Francis turbines. This leads us to conclude that the CFT turbine is a low-cost generating solution that can be applied in run-of-river conditions.

## 5. Declarations

### 5.1. Author Contributions

Conceptualization, D.A. and A.P.P.; methodology, I.S. and D.P.S.; software, M.A.A.S.; validation, I.T., D.A. and A.P.P.; formal analysis, D.A.; investigation, IS; resources, D.P.S.; data curation, I.T.; writing—original draft preparation, D.A.; writing—review and editing, D.P.S. and I.S.; visualization, M.A.A.S.; supervision, A.P.P.; project administration, D.P.S.; funding acquisition, D.A. All authors have read and agreed to the published version of the manuscript.

### 5.2. Data Availability Statement

The data presented in this study are available in the article.

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### 5.4. Conflicts of Interest

The authors declare no conflict of interest.

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