



# PENGARUH LIFE SKILLS TERHADAP PERILAKU

by NUR ALAM FAJAR

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### **1 PENGARUH LIFE SKILLS TERHADAP PERILAKU SEKS PADA REMAJA DI WILAYAH SEBERANG ULU KOTA PALEMBANG**

*INFLUENCE OF LIFE SKILLS ON SEXUAL BEHAVIOR IN ADOLESCENT  
AT SEBERANG ULU AREA OF PALEMBANG CITY*

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#### **ABSTRACT**

**Background:** Sex is an aspect that is important for the development of adolescent. Mobility and construction of various facilities in Palembang city, especially Seberang Ulu area is increasing. Increased development raises its own dilemma, on one side the people in dire needs of development, but on the other side occurs that changed the moral decline in adolescents. Values, norms and lifestyles are followed by a media revolution and an increasingly independent behavior. This study aims to determine the influence of life skills on sexual behavior in adolescents. This research was done in May-June 2011 in the Seberang Ulu Area.

**Methods:** This is quantitative research with cross sectional approach. The subjects were 80 of adolescents aged 12-21 years in Seberang Ulu area of Palembang City with 96 respondents sample. The statistical test used chi square test by using SPSS version 17 program.

**Result:** The results showed that there is the influence of life skills ( $p = 0.015$ ), hard skills (knowledge of sex) ( $p = 0.012$ ), soft skills (religiosity, self-confidence, and self-concept) ( $p = 0.000$ ) towards sexual behavior in

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