THE CORRELATION BETWEEN SOCIAL ANXIETY AND SPEAKING PERFORMANCE OF ENGLISH EDUCATION STUDY PROGRAM STUDENTS OF SRIWIJAYA UNIVERSITY

A Thesis by

FAUZIAH ARROYANI

Student Number: 06011281520077

English Education Study Program

Language and Arts Education Department



FACULTY OF TEACHER TRAINING AND EDUCATION SRIWIJAYA UNIVERSITY INDRALAYA

2020

THE CORRELATION BETWEEN SOCIAL ANXIETY AND SPEAKING PERFORMANCE OF ENGLISH EDUCATION STUDY PROGRAM STUDENTS OF SRIWIJAYA UNIVERSITY

A Thesis by

FAUZIAH ARROYANI

Student Number: 06011281520077

English Education Study Program

Language and Arts Education Department

FACULTY OF TEACHER TRAINING AND EDUCATION SRIWIJAYA UNIVERSITY

2020

Approved by,

Advisor 1

Dra. Zuraida, M.Pd.

NIP. 196205051988032004

Advisor 2,

Hesti Wahyuni Anggraini, M.Pd.

NIP.198609282014042001

Certified by,

Head of Language and Arts

Department

Dr. Didi Suhendi, S.Pd., M.Hum

NIP 196910221994031001

Coordinator of English Education

Study Program

Hariswan Putra Jaya. S.Pd., M.Pd.

NIP.197408022002121001

THE CORRELATION BETWEEN SOCIAL ANXIETY AND SPEAKING PERFORMANCE OF ENGLISH EDUCATION STUDY PROGRAM STUDENTS OF SRIWIJAYA UNIVERSITY

A Thesis

By FAUZIAH ARROYANI Student Number: 06011281520077

This thesis was defended by the writer in final program examination and was approved by the examination committee on:

Day :

Date :

EXAMINATION COMMITTEE APPROVAL:

1. Chairperson : Dra. Zuraida, M.Pd.

2. Secretary : Hesti Wahyuni Anggraini, M.Pd.

3. Member : Soni Mirizon, M.A., Ed.D.

4. Member :Fiftinova, S.S.,M.Pd.

Indralaya,

Certified by,

Coordinator of English Education Study Program

Hariswan Patera Jaya, S.Pd., MPd.

NIP. 197408022002121001

DECLARATION

I, the undersigned,

Name : Fauziah Arroyani

Place, date of birth : Jambi, January 27th, 1998

Student's Number : 06011281520077

Study Program : English Education

Certify that thesis entitled "The Correlation between Social Anxiety and Speaking Performance of English Education Study Program Students of Sriwijaya University" is my own work and I did not do any plagiarism or inappropriate quotation against the ethic and rules commended by the Ministry of Education of Republic Indonesia Number 17, 2010 regarding plagiarism in higher education. Therefore, I deserve to face the court if I am found to have plagiarized this work.

Indralaya, March 2020

The Undersigned,

Fauziah Arroyani

06011281520077

DEDICATION

This thesis is dedicated to:

- My beloved parents, Ibuk (Sri Semi Rahayu) and Ayah (Amin Achyar)
- My siblings, Kadit (Ardhita Marhamah) and Bila (Ummi Sabilah)
- My friends; Eljak, Destik, Dilak, Dwitak, Irwan, Mutiyak, and Restik
- All the support systems that cannot be mentioned one by one
- ♦ All members of PSPBI 2015.

ACKNOWLEDGEMENTS

Firstly, all praises to Allah subhanahu wata'ala that this thesis could be done to fulfill the requirement for S1 degree at English Education Study Program, Language and Arts Education Department, Faculty of Teacher Training and Education, University of Sriwijaya.

The writer would like to express her gratitude to her two advisors, Ibu Dra. Zuraida, M.Pd. and Ibu Hesti Wahyuni Anggraini, M.Pd. for their advices, guidance, and support in writing this thesis.

The writer also would like to express her gratitude to the Dean of Teacher Training and Education Faculty, the Head of Language and Arts Education Study Program, the Coordinator of English Education Study Program, all of the lecturers of English Education Study Program at Sriwijaya University, and the administration staffs of English Education Study Program at Sriwijaya University and also all students of English Education Study Program students of FKIP Unsri Indralaya and Palembang as the cooperative participants of this study.

Lastly, the writer would like to say her deepest gratitude to her parents, sisters, and friends for their love and support.

Indralaya, March 2020

The writer

Fauziah Arroyani

TABLE OF CONTENTS

TITLE PAGE	
APPROVAL	i
COMMITTEE APPROVAL	ii
DECLARATION OF PLAGIARISM	iv
DEDICATION	v
ACKNOWLEDGEMENTS	V
TABLE OF CONTENTS	vi
LIST OF FIGURES AND DIAGRAMS	ix
LIST OF TABLES	Σ
LIST OF APPENDICES	X
ABSTRACT	xi
CHAPTER 1: INTRODUCTION	
1.1 Background of the Study	1
1.2 The Problems of the Study	6
1.3 The Objectives of the Study	6
1.2 Significance of the Study	6
CHAPTER 2: LITERATURE REVIEW	
2.1 Anxiety	
2.2 The Concept of Social Anxiety	8
2.3 Factors Affecting Social Anxiety	10
2.4 The Concept of Speaking Skill	11
2.4.1 The Concept of Public Speaking	12
$2.5\ {\rm The}\ {\rm Correlation}$ between Social Anxiety and Speaking Performance	13
2.5 Previous Related Studies	13
CHAPTER 3: METHODOLOGY	
3.1 Research Design	16
3.2 Variables of the Study	16

3.3 Operational Definitions	17
3.4 Population and Sample of the Study	18
3.4.1 Population	18
3.4.2 Sample	18
3.5 Data Collection	18
3.5.1 Social Anxiety Questionnaire	19
3.5.2 Speaking Test	20
3.6 Validity and Reliability	20
3.6.1 Validity Test	20
3.6.2 Reliability Test	21
3.7 Data Analysis	22
3.7.1 Level of Social Anxiety	22
3.7.2 Level of Speaking Performance	23
3.7.3 Correlation Analysis	24
CHAPTER IV: FINDINGS AND INTERPRETATION	
4.1 The Findings of The Study	25
4.1.1 The Results of Social Anxiety Questionnaire	25
4.1.1.1 The Component of Social Anxiety	27
4.1.2 The Results of Speaking Test	32
4.1.3 The Statistical Analysis	33
4.1.3.1 The Result of Normality Test	33
4.1.3.2 The Correlation between Social Anxiety and Speaking Performance	33
4.2 Interpretations	34
CHAPTER V: CONCLUSIONS AND SUGGESTIONS	
4.1 Conclusions	38
4.2 Suggestions	39
REFERENCES	
APPENDICES	45

LIST OF FIGURES

Figure 1 A Hierarchy of Social Anxiety categorized by Language Contexts	
Figure 2 Divisions of Social Anxiety in Speaking	
Figure 3 Correlation Design	
LIST OF DIAGRAMS	
Diagram 1 Becoming nervous when being observed by other people28	
Diagram 2 Being self conscious where overt behaviors are expressed28	
Diagram 3 Worrying about attracting attention29	
Diagram 4 Difficulty to interact with other	
Diagram 5 Easiness to interact with other people	
Diagram 6 Worrying about criticism and embarrassment31	

LIST OF TABLES

Table 1	: The Domains Situational of Social Anxiety	11
Table 2	: The Sample of The Study	18
Table 3	: SPS Component	19
Table 4	: SIAS Component	20
Table 5	: Social Phobia Scale Interval	22
Table 6	: Social Interaction Anxiety Scale Interval	22
Table 7	: Social Anxiety Scale Interval	23
Table 8	: Speaking Performance Interval	24
Table 9	: The Category of Correlation Coefficient	24
Table 10	: The Result of Student's Social Anxiety	25
Table 11	: The Distribution of Social Phobia	26
Table 12	: The Distribution of Social Interaction Anxiety	26
Table 13	: Descriptive Statistics of Social Anxiety	27
Table 14	: Descriptive Statistic of Speaking Performance Result	32
Table 15	: The Result of Students' Speaking Performance	32
Table 16	: Tests of Normality	33
Table 17	: Correlations between Social Anxiety and Speaking Perform	mance
		34

LIST OF APPENDICES

Appendix A : Social Phobia Scale (SPS) Questionnaire

Appendix B : Social Interaction Anxiety Scale (SIAS) Questionnaire

Appendix C : SPS and SIAS Questionnaire Filled by Students

Appendix D : Public Speaking Test

Appendix E : Public Speaking Rubric

Appendix F : Results of SPS and SIAS Questionnaire Validity and Reliability

Appendix G: Results of Lecturers Public Speaking Test Validations

Appendix H : Letters of Statement from Raters

Appendix I : Results of Speaking Test (Rater 1)

Appendix J : Results of Speaking Test (Rater 2)

Appendix K : Surat Usul Judul Skripsi

Appendix L : Surat Penunjukan Pembimbing Skripsi

Appendix M: Surat Izin Melaksanakan Seminar Proposal

Appendix N : Surat Telah Melaksanakan Seminar Proposal

Appendix O : Research Design Seminar Suggestion List

Appendix P : Surat Balasan Izin Penelitian FKIP Unsri

Appendix Q : Surat Balasan Izin Try Out di FKIP UIN Raden Fatah Palembang

Appendix R : Surat Izin Melaksanakan Seminar Hasil

Appendix S: Surat Telah Melaksanakan Seminar Hasil

Appendix T : Preliminary Research Report Suggestion List

Appendix U: Surat Izin Melaksanakan Ujian Akhir

Appendix V : Surat Telah Melaksanakan Ujian Akhir

Appendix W: Thesis Final Examination Suggestion List

Appendix X : Thesis Consultation Card

THE CORRELATION BETWEEN SOCIAL ANXIETY AND SPEAKING PERFROMANCE OF ENGLISH EDUCATION STUDY PROGRAM STUDENTS OF SRIWLJAYA UNIVERSITY

ABSTRACT

This research aimed at finding out (1) the level of students' social anxiety, (2) level of students' speaking performance and (3) whether there was any significant correlation between social anxiety and students' speaking performance or not. To collect the data, social anxiety questionnaire and speaking test were used. The sample of the study was 59 students of the fifth semester of English Education Study Program of Sriwijaya University. The findings revealed that students' level of social anxiety was categorized into medium (47%). Similarly, the level of students' speaking performance was also categorized into medium (68%). This study also showed that there was no significant correlation was found between social anxiety and students' speaking performance of the fifth semester students because the p-value (0.141) was bigger than 0.05. It can be concluded that students' level of social anxiety does not link to students' speaking performance or low level of students' social anxiety does not make students' speaking performance become high.

Keywords: Correlation, Social Anxiety, Speaking Performance

A Thesis by an English Education Study Program Student, Faculty of Teacher Training and Education, Sriwijaya University

Name : Fauziah Arroyani NIM : 06011281520077

Approved by,

Advisor 1,

<u>Dra. Zuraida, M.Pd.</u> NIP. 196205051988032004 ^

Hesti Wahyuni Anggraini, M.Pd. NIP.198609282014042001

Advisor 2,

Certified by,

Coordinator of English Education Study Program

Hariswan Putera Jaya, S.Pd., M.Pd. NIP. 197408022002121001

CHAPTER I

INTRODUCTION

This chapter presents 1) background of the study, 2) the problems of the study questions, 3) the objectives of the study, and 4) the significance of the study.

1.1 Background of the Study

English language ability is one of the important aspects that students should have because it is not only as means to support the learning process but also to communicate. It also gives students a big opportunity to increase their knowledge for their college needs and to expand students' insight with different of view. In addition, English will be very helpful for students because English language is an international language so it can make easier to communicate with foreigner. Nowadays, English also becomes a requirement for higher education, job qualification, and also social needs. Besides, learning English is also able to sharpen the students' soft skill for example: critical thinking, cooperation establishment, environmental socialization and communication ability.

Developing English language ability can build students' communication ability. According to Utami (2014), "Communication is a process of exchanging information, ideas, thoughts, feelings and emotion through speech, body language or written". Meanwhile, speaking is communication activity which is done by two persons or more through oral. So, students can express their communication with speaking to others.

According to Sari (2006), speaking skill is a means of success in learning English language. Students can be said success in learning language is when they can deliver their opinions or ideas in English correctly. In addition, the purpose of language learning is to improve the ability to communicate. Meanwhile, speaking is known as the most difficult to learn among the four skills because there is no guarantee students will practice English outside the classroom (Dincer and Yesilyut, 2017). Nguyen

and Tran (2015) found that the students' problem in speaking is mostly because of lack of practice.

In addition, speaking is one of four skills which students have to master in learning English language. Related to that, students of Curriculum 2013 are required to master English skills (speaking, listening, reading, and writing) in junior high school for three years and senior high school for three years with provided school hours and emphasizing the students' activeness. However, students still have difficulties in achieving a good result of learning English. It is hard to find a senior high school student who is able to speak English (Gultom, 2015). He added when it comes to happen, people might think he or she must enter a private English course or hire an English tutor.

In Indonesia, students of university level are also required to learn English together with Religion, Bahasa Indonesia, and Civics Education for all faculties (Government Regulation No. 19/2005). Furthermore, there are three speaking courses which are taught in English Education Study Program at Faculty of Teaching Training and Education Sriwijaya University. They are (1) Speaking for Informal Interactions (GIG 130917) in the first semester with 3 credit hours, (2) Speaking for Formal Interactions (GIG 309117) in the second semester with 3 credit hours, and (3) Speaking for Academic Purposes (GIG 321217) in the fifth semester with 3 credit hours. However, a study conducted by Wahyuni (2014) resulted that among 100 students of English study program academic year 2013/2014 was none of them who categorized into high speaking category. Furthermore, Mulorrosrianti (2018) and Rosalia (2018) also conducted a study about speaking performance of fifth semester students academic year 2017/2018 with result was from 85 students only 21 students categorized into very good category. It means there are still few students who have a very good speaking mastery because the total number is less than a half of students.

There are many factors may influence students performance in speaking. According to Scarcella and Oxfrod (1992, p.53), there are four factors that might influence the speaking performance. They are (1) Grammatical Competence; which includes grammar, vocabulary and pronunciation, (2) Sociolinguistic Competence; which relates to speech art and intonation, (3) Strategic Competence; that about gestures and topic discussion, and the last (4) Discourse Competence; including coherence and cohesion. These four factors are related to students' knowledge in speaking. The lack of that knowledge can cause students' avoidance to speak.

Meanwhile, it is not only knowledge capability (cognitive domain) that might cause students' avoidances in speaking but also emotional capability (affective domain). It includes (1) anxiety, (2) empathy, (3) self-esteem, (4) attitude, and (5) motivation (Oxford, 1990). In addition, Jaya (2016) mentioned that internal motivation influences students to have positive attitudes in learning language. Then, emotional capability has a role in speaking, because students need to interact with other people.

Related to factors above, on 21st of April 2019 the writer has an initiative to do a preliminary research as preliminary data. The writer interviewed some students of the fifth semester of English Education Study Program FKIP Sriwijaya University. Some students mentioned that speaking in English is a pleasure, challenging, interesting, and fun activity. However, the factors affecting them in speaking mostly come from ability in grammar and lack of vocabulary. In addition, the word selection also affects them in speaking English. The students also said when their materials are good their level of confident is high. Furthermore, when in the situation of presentation in front of class, students said that they feel anxious because they are being watched by lecture and other students, even the audience is their classmate. Some said that they might be anxiety because the lecture is going to evaluate them. But, some of them also assumed that they are anxious when they are given an evaluation because while presenting they only focus on the material which they bring in front of the class

Related to preliminary data above, Ariyanti (2016) revealed that afraid of making mistakes while performing speaking makes students feel anxiety. Furthermore, Nguyen & Tran (2015) added the factor affecting student in speaking is fear of getting comment. Pratiwi (2017) also found that 52% of the third semester students year 2017/2018 has medium category of speaking anxiety with personal factors (64%) became the most affecting factor in students' speaking anxiety.

Talking about anxiety, it can happen generally to every person in the world. Everybody must ever feel anxiety in his or her life. The studies of language anxiety also show that anxiety have a role on L2 performance learning (Lui and Jackson, 2008). When it comes with social, it means the person has a fear to communicate or interact with people. According to Herman, Sambul, and Paturusi (2018), social anxiety is limiting someone's interaction with his or her colleagues, or having a limited relation, and showing a bad social association which interferes to someone's social function. Meanwhile, the young adult period is marked by the demand of social environment, the pressure of fellow friend, attraction of opposite sex, and the willingness to be independent (Hasibuan, Srisayekti, and Moeliono, 2015). So, it is avoidable for student to not interact with other students. Then anxiety might take a role because students are going to interact with others.

Interaction with people in the daily life is important not only in society but also in college because it shows how people would listen, see, understand and communicate with their surrounding (Mangampang, 2017). Moreover, lecture sphere is always related to presentation, discussion, lecture, debriefing, etc. and it really needs interaction and communication.

Moreover, there are many studies conducted the level of social anxiety in many countries. Furthermore, social anxiety is close to the public speaking. In America, the greatest fear of American was public speaking with 40.6% on 2.543 men and women as the sample (Bruskin, 1973). Then the updated study from Dwyer and Davidson (2012) conducted two surveys

comparing to the previous study of Bruskin. The first survey was using the same list of fear from Bruskin as the instrument. It has the same result that public speaking is the number one American's fear with 61.7% of the 815 college students. However, the second survey with the new list of fear shows a different result. It shows the public speaking gets the second rank. It is 18% for public speaking fear with the same population for 815 college students.

Meanwhile, some researchers also conducted a study of social anxiety in Indonesia. According to Vriends (2013), there is 15.8% of 311 participants from undergraduate psychology students of Gadjah Mada University have experienced social anxiety. Meanwhile, in Hasibuan, Srisayekti, and Moeliono (2015) study indicates that the social anxiety in Indonesia has a bigger number that is 31.2% comparing from Vriends's study as provided before. This research is located in one of the university in Bandung.

Based on explanation above, there are studies that have focused on the level of social anxiety in public speaking. The previous studies also showed the level of speaking performance in university students. Moreover, not only the lack of knowledge capability in speaking may cause the quality of students' speaking performance but also social capability especially in social anxiety. So, the writer would like to conduct a study about the correlation between social anxiety and speaking performance of English Education Study Program Students of Sriwijaya University.

1.2 The Problem of the Study

The following questions will represent the problems which are discussed in the study:

- 1) What is the level of social anxiety of the fifth semester students of English Education Study Program Students of FKIP Sriwijaya University?
- 2) What is the level of speaking performance of English Education Study Program Students of FKIP Sriwijaya University?
- 3) Is there any significant correlation between social anxiety and speaking performance of English Education Study Program Students of FKIP Sriwijaya University?

1.3 The Objectives of the Study

Based on the problems of the study above, this study will figure out:

- the level of social anxiety of English Education Study Program
 Students of FKIP Sriwijaya University;
- the level of speaking performance of English Education Study
 Program Students of FKIP Sriwijaya University;
- 3) whether there is a the significant correlation between social anxiety and speaking performance of English Education Study Program Students of FKIP Sriwijaya University or not;

1.4 The Significance of the Study

Hopefully, this study could give some benefits for other readers, students, teachers, and also future researchers to develop about the study further. It is hoped this study can be helpful as supporting data to other related study conducted. It is hoped for student that have high social anxiety to gain more confident in speaking English whether in or out the class with having more self practicing. It is hoped for other student to not judge people from their mistakes that might make them demotivated to express their opinion. It is hoped that students can build self confidence in speaking in English.

REFERENCES

- Ahmadi, S. M. & Leong, L. M. (2017). An Analysis of Factors Influencing earners' English Speaking Skill. *International Journal of Research in English Education*.
- Altun, Sertel. (2015). The Effect of Cooperative Learning on Students' Achievement and Views on the Science and Technology Course. *International Electronic Journal of Elementary Education*, 7(3), 451-468.
- Arikunto, S. (2010). *Dasar-dasar Evaluasi Pendidikan*. Jakarta, Indonesia: Bumi Aksara.
- Arjanggi, R. and Kusumaningsih, L. P. S. (2016). The Correlation between Social Anxiety and Academic Adjustment among Freshmen. Procedia: Social and Behavioral Sciences, 219, 104-107.
- Aryanti. (2016). Pychology Factors Affecting EFL Students' Speaking Performance. Asian TEFL, 1(1), 77-88.
- Brown, H. D. (1994). Teaching by Principles. An Interactive Approach to Language Pedagogy. Prentice Hall Regents.
- Cecconello, W. W., Dalbos, S. N., Peccin, C., and Wagner, M. F. (2014). Social Anxiety in Higher Education: Reflections on its Effects and Prevalence in a Brazilian Population Sample. *International Journal of Current Research*, 6(5), 6954-6957.
- Cody, Meghan W. and Teachman, Bethany A. (2011). Global and Local Evaluations of Public Speaking performance in Social Anxiety. *National Institutes of Health*, 42(4), 601-611.
- Creswell, J, W. (2012). Educational Research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research (4th ed). Boston, MA: Pearson Education, Inc.
- Cubukçu, F. (2008). A Study on the Correlation between Self Efficacy and Foreign Language Learning Anxiety. *Journal of Theory and Practice in Education*.
- Dincer, A. and Yesilyut, S.. (2017). Motivation to Speak English: A Self-Determination Theory Perspective. *PASAA*, *53*.
- Dwyer, K. K. and Davidson, Marlina M. (2012). Is Public Speaking Really More Feared than Death?, *Communication Research Reports*, 29(2), 99-107. doi: .10.1080/08824096.2012.667772

- Eadie, W. F. (2009). 21st Century communication: A reference handbook (Vols 1-2). Thousand Oaks, CA: SAGE Publication, inc. doi: 10.4135/9781412964005
- Fadilah, N. and Syafrizal. (2018). Students' Test Anxiety in English Foreign Learners in Indonesian Context. *Journal of English Teaching and Research*, 3(1).
- Fakultas Keguruan dan Ilmu Pendidikan. (2017). Buku Pedoman Fakultas Keguruan dan Ilmu Pendidikan. Indralaya: Universitas Sriwijaya.
- Government Regulation No.19, Year 2005 concerning National Education Standard.
- Gultom, E. (2015). English Language Teaching Problems in Indonesia. *Proceeding:* 7th International Seminar on Regional Education, 3.
- Greist, J. H., Jefferson, J. W., and Marks, I. M. (1988). Anxiety and Its Treatment. Grand Central Publishing.
- Hasibuan, E. P. N., Srisayekti, W., and Moeliono, Marisa F. (2015). Gambaran Kecemasan Sosial Berdasarkan *Liebowitz Social Anxiety Scale (LSAS)* pada Remaja Akhir di Bandung. Padjadjaran University, Bandung, Indonesia.
- Herman, F., Sambul, A., and Paturusi, S. (2018). Pengukuran Skala Kecemasan Sosial pada Pengguna Media Sosial Berusia Dewasa Awal. *Jurnal Teknik Informatika*, 13(1).
- Herwanto, R. (2013). Factors that Cause Language Anxiety in the English Classroom Speaking Performance in SMP Negeri 4 Pakem Yogyakarta. (Thesis). Yogyakarta State University, Yogyakarta, Indonesia.
- Huppert, J.D., Roth, D.A., and Foa, E.B. (2003). Cognitive-behavioral treatment of social phobia: New advance. *Current Psychiatry Reports*, 5, 289-296.
- Husnawati. (2017). Students' Speaking Performance: Some Challenging Factors. (Thesis). Ar-Raniry Islamic State University.
- Horwitz, E. K., Horwitz, M. B., and Cope, J. A. (1986). Foreign Language Classroom Anxiety. The Modern Language Journal, 7(2), 125-132. Retrieved from http://www.jstor.org/stable/327317
- Iizuka, K. (2010). Second Language Anxiety in Relation to Social Anxiety: A Review of the Literature. *Kwansei Gakuin Policy Studies (KGPS) Review*, 12(1), 1-15.

- Jaya, Hariswan Putra. (2016). An Analysis of the Relationships among Religiosity, Motivation, and English Competence of the Students of English Study Program, Faculty of Teacher Training and Education, Sriwijaya University. *Proceedings of the 2nd SULE IC 2016*, 435-450.
- Kamridah, H., Yassi, A. H., Arafah, B., and Imran, N. (2016). Correlation between Level of Anxiety and Public Speaking Performance through Systematic Learning Approach in Foreign Language. *International Journal of Science and Research (IJSR)*, 5(9), 1658-1663.
- Leary, M. R. and Kowalski, R. M. (1995). Social Anxiety. The Guildford Press: New York. Retrieved from https://books.google.co.id
- Liu, M and Jackson, J. (2008). An Exploration of Chinese EFL Learners' Unwillingness to Communicate and Foreign Language Anxiety. *Modern Language Journal*, 92, 7-86.
- Mangampang, K. (2017). Tingkat Kecemasan Berbicara di Depan Umum dan Implikasinya terhadap Pengembangan Program Bimbingan Peningkatan Kepercayaan Diri Berbicara di Depan Kelas. (Thesis). Sanata Dharma University, Yogyakarta, Indonesia.
- Meacham & Bergstrom (2016). Adaptive behavior can produce maladaptive anxiety due to individual difference in experience. *International Society for Evolution, Medicine, & Public Health*, 2016(1), 270-285. doi: 10.1093/emph/eow024
- Morreale, S. P. (2010). The Component Public Speaker. Peter Lang Publishing, Inc, New York. https://books.google.co.id
- Mulorrosrianti, M. (2018). The Correlation between English Pronunciation Self-Concept and Speaking Mastery of Students of English Education Study Program at Sriwijaya University. (Thesis). Sriwijaya University, Indaralaya-Palembang, Indonesia.
- Mustaqim, M. A. (2015). Perbedaan Tingkat Kecemasan antara Siswa Kelas XII Akselerasi dengan Kelas XII Reguler MAN Malang 1 Tlogomas dalam Menghadapi Ujian Nasional. (Thesis). Maulana Malik Ibrahim Islamic State University, Malang, Indonesia.
- Nguyen, H. T. and Tran, N. M. (2015). Factors Affecting Students' Speaking Performance at Le Thanh Hien High School. *Asian Journal of Education Research*, 3(2), ISSN 2311-6080.
- Nunan, D. (1995). Language Teaching Methodology: A Textbook for Teacher. New York: Phoenix Ltd, p.593.
- Oxford, R. L. (1990). Language Learning Strategies: What Every Teacher Should Know. New York: Newbury House Publisher.

- Pratiwi, I. A. (2017). An Analysis on Students' Perception toward Their Speaking Anxiety of English Education Study Program at Sriwijaya University. (Thesis). Sriwijaya University, Indaralaya-Palembang, Indonesia.
- Raja, Farhan (2017). Anxiety Level in Students of Public Speaking: Cause and Remedies. *Journal of Education and Educational Development*, 4(1), 94-110.
- Ramaiah, S. (2003). Kecemasan: Bagaimana Mengatasi Penyebabnya. Pustaka Populer Obor: Jakarta.
- Refiyan, V. (2016). Discovering Factors of Foreign Language Speaking Anxiety and Coping Strategies. *Journal for the study of English linguistics*, 4(1), 111-125.
- Rosalia, T. (2018). The Correlation between EFL Students' Self-Esteem and Their Speaking English Achievement of the Fifth Semester Students of English Education Study Program at Sriwijaya University. (Thesis). Sriwijaya University, Indaralaya-Palembang, Indonesia.
- Sari, K. D. (2006). The Difficulties in Speaking English on the Basis the Perception of the Second Year Students of SMA Negeri 18 Palembang. (Thesis). Sriwijaya University, Palembang, Indonesia.
- Scarcella, R. C. and Oxford, R. L. (1992). The Tapestry of Language Learning: The Individual in the Communicative Classroom. Boston, MA: Heile and Heile.
- Schrieber, L. M., Paul, G. D., and Shibley, L. R. (2012). The Development and Test of the Public Speaking Competence Rubric. *Communication Education*, 61(3), 205-233.
- Seligman, M. E. P., Walker, E. F., and Rosehan, D. L. (2001). Abnormal Psychology. W. W. Norton and Company, Inc: New York.
- Strahan, E. Y. (2002). The Effect of Social Anxiety and Social Skill on Academic Performance. *Personality and Individual Differences*, 34, 347-366.
- Syahputra, I., Gani, S. A., and Inayah, N. (2016). Exploring EFL Students' Efforts in Speaking Skill. *Research in English and Education (READ)*, 1(2), 107-113.
- Tóth, Z. (2010). Foreign Language Anxiety and the Advanced Language Learner: *A Study of Hungarian Students of English as a Foreign Language* (1st Ed). Newcastle upon Tyne, UK: Cambridge Scholars Publishing.

- Utami, N. D. (2014). An Analysis on Students' Effort to Improve Speaking Skill. (Thesis). Tanjung Pura University, Pontianak, Indonesia.
- VandenBos, G. R. (2007). *APA Dictionary of Psychology* (2nd Ed). Washington, DC, US: American Psychology Association.
- Vriends, N., Pfaltz, M., C., Novianti, P., and Hadiyono, J. (2013). Taijin Kyufusho and Social Anxiety and Their Clinical Relevance in Indonesia and Switzerland. *Frontiers in Psychology*, *4*(3). February, 6. doi: 10.3389/fpsyg.2013.00003.
- Wahyuni, D. (2014). The Correlation between Linguistic Competence and Speaking Performance of English Education Study Program Students of Sriwijaya University. (Thesis). Sriwijaya University, Indaralaya-Palembang, Indonesia.
- Wu, K. (2010). The Relationship between Language Learners' Anxiety and Learning Strategy in the CLT Classroom. *International Education Studies*, 3(1), 174-191.
- Webster, L. J. (2012). *Introduction to public speaking* (2nd Ed). College of arts and science. Lousiana State University, Shreveport.
- Young, D. J. (1991). The Relationship between Anxiety and Foreign Language Oral Proficiency Ratings in E. K. Horwitz and D. J. Young (Eds), Language Anxiety: From Theory and Research to Classroom Implications, 57-63. Englewood Cliffs, New Jersey: Prentice Hall.
- Zhou, M. (2016). The Roles of Social Anxiety, Autonomy, and Learning Orientation in Second Language Learning: *A Structural Equation Modeling Analysis*. Elsevier Ltd, 63, 89-100.