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DEVELOPMENT OF LEARNING ATHLETIC LEARNING MODELS RELEASE DIRECTLY BASED GAMES IN ELEMENTARY SCHOOL

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Abstract

Objectives: This study aims to develop an effective, valid and practical short-distance athletic learning model.
Methods: Methods used Research and Development by 1) Analyzing Needs, 2) Creating initial draft Design, 3) Validating Experts, 4) Improving the design of validation results, 5) Conducting small group trials, 6) Revising Products, 7) Conducting group trials large, 8) Revise the large group trial product, 9) Analyze the final product.
Results: The results obtained in small group trials include cognitive, psychomotor and affective values. The mean of student's motivation score is 71.91% for the old learning model and the pulse rate is 62.51% while the learning model that has been developed the pulse rate increased by 71,09%. Results of large group trials for student motivation obtained by 80.75% and pulse using the old learning model 62.20% while the new learning 73.63%.
Conclusions: Based on the results of the research, the findings of athletic learning of short distance run based on game meet the criteria of effective, valid and practical. The implication of research result of development of game-based athletic learning model can be applied in physical education learning at elementary school.

Keywords: Model Development, Athletic Learning, Game Based

INTRODUCTION

Physical education is a vehicle for educating children, and experts agree that physical education is a "tool" to nurture young people so that they will be able to make the best decisions about physical activity undertaken and live a healthy lifestyle throughout their lives (Suprayitno, 2014: 8 -9). Goals