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Factors that influence the nutrional status of elementary school children

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Abstract. This study aims to determine the factors that influence the nutritional status of elementary school children.. Descriptive methods used to provide knowledge about the problems that include healthy foods, the use of food for the body, how to choose and manage food, nutritional knowledge for elementary school students and interviewing about nutrition for teachers from 8 primary schools. The results of this study have differences in nutritional values between classes and between schools, grade 6 has a higher grade than grade 5, and grade 5 students is higher than grade 4. The highest score is obtained from primary school 117 and primary school 123, while the lowest score is elementary school 125. Based on the regression analysis, the change is influential from father's education, the higher the father's education, the higher the nutritional value of the students. The findings study are nutrition education in primary schools is not given specifically, but nutrition issues are included in subject and art skills, Physical and Health Education, Natural Sciences, Social Sciences and Islamic Religious Education. Teachers are more enthusiastic in teaching nutrition compared to classroom teachers, and father education is very influential on the nutritional value of children.

1. Introduction

Suggested that students will be better prepared if medical schools require a nutrition and behavior modification course as a prerequisite for admission [1]. Primary School is another form of basic education that undertakes an education program for six years. The purpose of basic education is to provide a basic inventory for students' ability to develop their lives as individuals, community members,

School. Nutrition education in elementary