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The First Look in Autism Spectrum Disorder (ASD) Geographical Distribution in National Reference Hospital, South Sumatera Region, Indonesia

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1

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5

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7

ABSTRACT

Background

Autism Spectrum Disorder (ASD) is a complex neurodevelopmental condition characterized with disorders in cognitive, behaviour, and social interaction. It is estimated to affect 1:160 children worldwide. Despite its increasing trend, the exact cause of it is yet to be known.

Methods

Medical records of the patients who are diagnosed with ASD during 2014-2018 was observed in order to identify the patients' residential area.

Results

There were 107 patients who were clinically diagnosed of having ASD during 2014-2018 in Dr M. Hoesin Hospital, Palembang. Based on its residential area, ASD cases were mostly found in Palembang as the capital city of South Sumatera Province.

Conclusion

ASD is found in small and big cities across the South Sumatera province, implying its common occurrence. The varied prevalence could be signifying the role of different related risk factors identified in the area.

Keywords: Autism Spectrum Disorder, ASD, Geographical Distribution, Prevalence.

Introduction

11

Based on the latest Diagnostic Manual of Mental Disorders (DSM)-5 criteria, Autism Spectrum Disorder (ASD) is a neurodevelopmental disorders marked by two cardinal symptoms: impairment in social communication and social interaction, along with restricted and repetitive patterns of interests, activities, and/or behavior.¹

8

ASD is long known as a multifactorial disease, with elusive causes and many related risk factors, ranging from genetic risk factors to environmental risk factors.²

WHO reported that ASD affected one in 160 children worldwide, although its prevalence varied from one country to another.³ The variation found in various countries signifying a geographical variation of ASD cases, although its causes are yet to be elucidated.

To date, there is no exact data about ASD prevalence in Indonesia, let alone in South Sumatera Region. Thus, this study wished to identify the prevalence of ASD along with its geographical distribution in South Sumatera Region based on the cases found in one of the national reference hospitals, Dr. Mohammad Hoesin Hospital.

Methods

Patients who were diagnosed with ASD during the year 2014-2018 were included in this study. All the patients had been examined thoroughly and been clinically diagnosed by competent in-charge doctor in Dr. Mohammad Hoesin Hospital. Medical records of the patients who met the criteria were then observed to identify their residential areas to map the geographical distribution of ASD patients in South Sumatera Region.

Results

As many as 107 patients who came to Dr Mohammad Hoesin Hospital during 2014-2018 and fit the inclusion criteria were deemed as participants in the study. Based on the investigation of patients' address in their medical records, ASD patients were further classified into two groups. Those who reside in South Sumatera Province, and those who reside in other provinces but still in the South Sumatera region. From the medical records, it was known that almost all ASD patients were from South Sumatera Province, with a total of 106 patients (99.1%). Only one patient came from other province, which is Bengkulu (0.9%). The distribution of ASD patients geographically can be seen in table 1 below. Majority of the patients in this study (86%) were males, leaving the rest of it (14%) were females, as it can be seen in table 2. The mean age of patients with ASD upon admission and/or the first time seeking for treatment were 47.33 months.

Table 1. Distribution of ASD Patients Based on Residential Area

Residential Area	n	%
South Sumatera Province		
Palembang	80	74,8
Pagar Alam	1	0,9
Prabumulih	2	1,9
Lubuk Linggau	2	1,9
Ogan Komering Ulu	2	1,9
Ogan Komering Ulu Timur	1	0,9
Ogan Komering Ilir	4	3,7
Muara Enim	2	1,9
Lahat	1	0,9
Musi Banyuasin	1	0,9
Banyuasin	6	5,6
Ogan Ilir	3	2,8
Empat Lawang	1	0,9
Other Provinces		
Bengkulu	1	0,9
Total	107	100

Table 2. Distribution of ASD Patients Based on Sex

Sex	n	%
Males	92	86
Females	15	14

Discussion

Males are statistically prone to suffer from ASD based on previous studies.. The finding in this study is also consistent with the existing theory, with most of the participants in the study were males (86%).⁴ The sex bias in ASD prevalence towards males is thought to have few sex-differential genetic and hormonal factors although its clear mechanism is yet to be understood.⁵

As it is estimated, the prevalence of ASD worldwide is around one in 160 children. This figure has increased in the last twenty years in United States and also in other countries.⁶ This increment is likely to be caused by some factors, such as increase in knowledge and awareness of ASD among people⁷, changes in diagnostic criteria⁸, easy access and availability of

diagnostic resources⁹. Despite all the possible related factors to the increment of ASD prevalence, its etiology remains unclear.

To date, there were not many studies tried to assess the geographical distribution of ASD. One study by Hoffman in 2017¹⁰ indicated that diagnostic factors are driving spatial patterns. It was found in the study that children who were born in New England had fifty percent higher chance of being diagnosed with ASD compared to other children that were born in other places in the United States. Another study conducted by the same author as well in 2012 showed that there were spatial variation of ASD in central North Carolina where the study took place¹¹. These variations can be explained mostly by factors that affect how diagnosis were made. Combining these two factors; geographical variation and related risk factors, a predictive model of ASD trend can be constructed. The same findings were also found in this study where the prevalence of ASD varied from one city to another, ranging from one case to eighty cases in a city. Reasons behind this finding is most likely the same reason that applied in the previous two studies before.

Conclusion

As one of the national reference hospitals, Dr. Mohammad Hoesin Hospital serves as a hospital that provides health care to people in South Sumatera Region. Palembang as the capital city of South Sumatera Province is a home to majority of ASD cases found in South Sumatera Region. Nonetheless, the varied prevalence in various cities across South Sumatera Region could possibly be caused by the varying related risk factors as well. Further investigation regarding geographical distribution and its relationship with geographical distribution is needed.

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