

TESIS

AKURASI D-DIMER SEBAGAI PREDIKTOR KEMATIAN PASIEN COVID-19 DI RSUD SITI FATIMAH PROVINSI SUMATERA SELATAN



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**PROGRAM STUDI ILMU KESEHATAN MASYARAKAT (S2)
FAKULTAS KESEHATAN MASYARAKAT
UNIVERSITAS SRIWIJAYA
2024**

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Diajukan untuk Memenuhi Salah Satu Syarat Memperoleh Gelar (S2)
Magister Kesehatan Masyarakat pada Fakultas Kesehatan Masyarakat
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HALAMAN PENGESAHAN

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TESIS

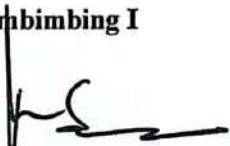
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Karya tulis ilmiah berupa Tesis dengan judul “Akurasi D-dimer sebagai Prediktor Kematian Pasien COVID-19 di RSUD Siti Fatimah Provinsi Sumatera Selatan” telah dipertahankan di hadapan Panitia Sidang Ujian Tesis Program Studi Magister (S2) Ilmu Kesehatan Masyarakat Fakultas Kesehatan Masyarakat Universitas Sriwijaya pada tanggal 03 Juli 2024 dan telah diperbaiki, diperiksa serta disetujui sesuai dengan masukan Panitia Sidang Ujian Tesis Program Studi Magister (S2) Ilmu Kesehatan Masyarakat Fakultas Kesehatan Masyarakat Universitas Sriwijaya.

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di RSUD Siti Fatimah Provinsi Sumatera Selatan

Menyatakan bahwa Laporan Tesis saya merupakan hasil karya sendiri didampingi tim pembimbing dan bukan hasil penjiplakan/plagiat. Apabila ditemukan unsur penjiplakan/plagiat dalam Tesis ini, maka saya bersedia menerima sanksi akademik dari Universitas Sriwijaya sesuai aturan yang berlaku.

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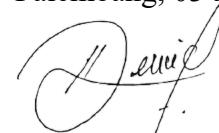
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Judul Tesis : Akurasi D-dimer sebagai Prediktor Kematian Pasien COVID-19
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Memberikan izin kepada Pembimbing dan Universitas Sriwijaya untuk mempublikasikan hasil penelitian saya untuk kepentingan akademik apabila dalam waktu 1 (satu) tahun tidak mempublikasikan karya penelitian saya. Dalam kasus ini saya setuju menempatkan Pembimbing sebagai penulis korespondensi (*Corresponding author*).

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EPIDEMIOLOGY AND BIOSTATISTICS
MAGISTER PROGRAM OF PUBLIC HEALTH SCIENCE
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Scientific papers in the form of thesis
July 03, 2024

Dewie Suranti ; Supervised by Rico Januar Sitorus and Iche Andriyani Liberty

Accuracy D-dimer as A Predictor of Death in COVID-19 Patient at RSUD Siti Fatimah, South Sumatra

xxiii + 198 pages, 10 picture, 67 table, 5 attachment

ABSTRACT

Background: The COVID-19 pandemic, which has spread worldwide and resulted in fatalities, has had a significant impact. Globally, as of March 7, 2023, there have been 759,408,703 confirmed cases of COVID-19, including 6,866,434 deaths, reported to the WHO. Indonesia ranked first in the highest number of COVID-19 cases in ASEAN in 2021, with a total of 4,253,598 cases. According to the Indonesia Health Profile for 2021, the COVID-19 Case Fatality Rate (CFR) in Indonesia was 3.4%, with South Sumatra being the fifth-ranked province. The increase in D-dimer levels and poor laboratory test results serve as markers of worsening patient condition, which is also supported by age and comorbidities. The objective of this study was to determine the accuracy of D-dimer as a predictor of mortality in COVID-19 patients at RSUD Siti Fatimah.

Method: This study employed a retrospective cohort design using secondary data from COVID-19 patients with medical records treated at RSUD Siti Fatimah, South Sumatra Province, from January to December 2021. The sampling technique involved total sampling, comprising 928 patients.

Results: The majority of patients (83.94%) survived, and 59.16% had D-dimer levels below 500 ng/mL. The average D-dimer levels were higher in patients who died compared to those who survived ($p\text{-value} < 0.001$), and there was a significant association between D-dimer levels and COVID-19 patient outcomes. The group of patients with D-dimer levels ≥ 500 ng/mL had a 3 times higher risk of death compared to the group of patients with D-dimer levels < 500 ng/mL, considering variables such as age, comorbid hypertension, diabetes mellitus, cardiovascular disease, tuberculosis, chronic obstructive pulmonary disease, symptoms, vaccination, oxygen saturation, leukocyte, and monocyte. The AUC (area under the curve) value was 0.969, with a sensitivity of 89% and a specificity of 96%.

Conclusion: D-dimer serves as a predictor of mortality in COVID-19 patients at RSUD Siti Fatimah, South Sumatra Province.

Keywords: COVID-19, D-dimer, mortality

References: 200 (1995-2024)

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Akurasi D-dimer sebagai Prediktor Kematian Pasien COVID-19 di RSUD Siti Fatimah Provinsi Sumatera Selatan
xxiii + 198 halaman, 10 gambar, 67 tabel, 5 lampiran

ABSTRAK

Latar belakang : Pandemi COVID-19 yang sudah menyebar ke seluruh dunia bahkan menyebabkan kematian. Secara global, terhitung sampai tanggal 7 Maret 2023, terdapat 759.408.703 kasus COVID-19 yang dikonfirmasi, termasuk 6.866.434 kematian, yang dilaporkan ke WHO. Indonesia menempati peringkat pertama dengan kasus COVID-19 terbanyak di ASEAN pada tahun 2021 yaitu sebanyak 4.253.598 kasus. Berdasarkan Profil Kesehatan Indonesia tahun 2021 angka kematian (*Case Fatality Rate / CFR*) COVID-19 di Indonesia sebesar 3,4% dan Sumatera Selatan merupakan provinsi peringkat ke-5. Peningkatan kadar D-dimer dan hasil pemeriksaan laboratorium yang buruk menjadi penanda perburukan kondisi pasien yang juga didukung oleh faktor usia dan komorbiditas. Tujuan penelitian ini untuk mengetahui akurasi D-dimer sebagai prediktor kematian pasien COVID-19 di RSUD Siti Fatimah.

Metode : Penelitian menggunakan desain kohort retrospektif menggunakan data sekunder berupa pasien COVID-19 yang memiliki rekam medik dan dirawat di RSUD Siti Fatimah Provinsi Sumatera Selatan dari Januari-Desember 2021. Teknik pengambilan sampel menggunakan *total sampling* berjumlah 928 pasien.

Hasil : Sebagian besar pasien (83,94%) berhasil bertahan hidup, kemudian 59,16% memiliki kadar D-dimer di bawah 500 ng/mL. Rata-rata kadar D-dimer lebih tinggi pada pasien yang meninggal dibandingkan pasien yang masih hidup (*p-value*<0,001) dan terdapat hubungan bermakna antara kadar D-dimer dengan luaran pasien COVID-19. Kelompok pasien dengan kadar D-dimer ≥ 500 ng/mL mempunyai risiko kematian 3 kali untuk mengalami kematian dibandingkan kelompok pasien dengan kadar D-dimer < 500 ng/mL dengan mempertimbangkan variabel usia, komorbid hipertensi, diabetes melitus, *cardiovascular disease*, tuberkulosis, penyakit paru obstruktif kronis, gejala, vaksinasi, saturasi oksigen, leukosit dan monosit. Nilai AUC (*area under the curve*) 0,969, sensitivitas 89% dan spesifitas 96%.

Kesimpulan : D-dimer berperan sebagai prediktor kematian pasien COVID-19 di RSUD Siti Fatimah Provinsi Sumatera Selatan.

Kata Kunci : COVID-19, D-dimer, kematian

Kepustakaan : 200 (1995-2024)

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Palembang, 03 Juli 2024

Penulis

RIWAYAT HIDUP

Penulis dilahirkan pada tanggal 30 April 1998 di Kota Palembang. Putri ketiga dari Bapak Satiman dan Ibu Rubiyati, dan memiliki 2 saudara kandung lainnya.

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Pada pertengahan tahun 2022 penulis tercatat sebagai mahasiswa pada program studi Magister Ilmu Kesehatan Masyarakat Fakultas Kesehatan Masyarakat Universitas Sriwijaya Palembang, Bidang Kajian Umum (BKU) Epidemiologi dan Biostatistik.

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DAFTAR SINGKATAN

ACE	: <i>Angiotensin Converting Enzyme</i>
ACEI	: <i>Angiotensin Converting Enzyme Inhibitor</i>
ADAMTS13	: <i>A Disintegrin and Metalloprotease with Thrombospondin Type 1 Repeats-13</i>
ALC	: <i>Absolute Lymphocyte Count</i>
ALT	: <i>Alanine Aminotransferase</i>
ARB	: <i>Angiotensin Receptors Blockers</i>
ARDS	: <i>Acute Respiratory Distress Syndrome</i>
ASEAN	: <i>Association of Southeast Asian Nations</i>
AST	: <i>Aspartate Aminotransferase</i>
AT	: <i>Antitrombin</i>
AUC	: <i>Area Under Curve</i>
CDC	: <i>Centers of Disease Control</i>
CEP	: <i>Composite End-Point</i>
CFR	: <i>Case Fatality Rate</i>
COVID-19	: <i>Corona Virus Disease 19</i>
CRP	: <i>C-Reactive Protein</i>
CSSE	: <i>Center for Systems Science and Engineering</i>
Ct value	: <i>Cycle Threshold Value</i>
CVD	: <i>Cardiovascular Disease</i>
DIC	: <i>Disseminated Intravascular Coagulation</i>
DM	: <i>Diabetes Melitus</i>
DVT	: <i>Deep Vein Thrombosis</i>
ELFA	: <i>Enzyme Linked Immunofluorescent Assay</i>
ELISA	: <i>Enzyme Linked Immunosorbent Assay</i>
HR	: <i>Hazard Ratio</i>
hs-CRP	: <i>high-sensitivity C-reactive protein</i>
HWF	: <i>Hierarchically Well Formulated</i>
IBV	: <i>Infectious Bronchitis Virus</i>
ICTV	: <i>The International Committee on Taxonomy of Viruses</i>

ICU	: <i>Intensive Care Unit</i>
IFN	: Interferon
IgA	: Imunoglobulin A
IgG	: Imunoglobulin G
IgM	: Imunoglobulin M
IL	: Interleukin
IMT	: Indeks Massa Tubuh
ISARIC	: <i>Internasional Severe Acute Respiratory and Emerging Infection Consortium</i>
ISPA	: Infeksi Saluran Pernapasan Akut
LDH	: <i>Lactate Dehydrogenase</i>
MAP	: <i>Mean Arterial Pressure</i>
MERS-CoV	: <i>Middle East Respiratory Syndrome Coronavirus</i>
MHV	: <i>Mouse Hepatitis Virus</i>
MLR	: <i>Monocyte-Lymphocyte Rasio</i>
NAAT	: <i>Nucleic Acid Amplification Test</i>
NLR	: <i>Neutrophil-Lymphocyte Ratio</i>
NO	: <i>Nitric Oxide</i>
PE	: <i>Pulmonary Embolism</i>
PHEOC	: <i>Public Health Emergency Operation Center</i>
PLR	: <i>Platelet-Lymphocyte Rasio</i>
PT	: <i>Prothrombin Time</i>
RNA	: <i>Ribonucleic Acid</i>
ROC	: <i>Receiver Operating Characteristic</i>
RSUD	: Rumah Sakit Umum Daerah
rRT-PCR	: <i>Real-time Reverse-Transcriptase Polymerase Chain Reaction</i>
RT-PCR	: <i>Real Time Polymerase Chain Reaction</i>
SARS-CoV-2	: <i>Severe Acute Respiratory Syndrome Coronavirus 2</i>
SK	: Surat Keputusan
ssRNA	: <i>Positive-sense Single-Stranded RNA</i>
ssRNA-	: <i>Negative-sense Single-Stranded RNA</i>
TLR-4	: <i>Toll Like Receptor 4</i>

TMRSS2	: <i>Transmembrane protease serine 2</i>
TNF-α	: <i>Tumor Necrosis Factor Alpha</i>
VTE	: <i>Venous Thromboembolism</i>
vWF	: <i>von Willebrand Factor</i>
WHO	: <i>World Health Organization</i>

BAB I

PENDAHULUAN

1.1. Latar Belakang

Corona Virus Disease 19 atau yang disebut dengan COVID-19 adalah penyakit infeksi yang disebabkan oleh corona virus yang diberi nama SARS-CoV karena homologi genomnya (P. Zhou *et al.*, 2020). Coronavirus adalah virus RNA untai tunggal (+ssRNA) yang besar dan positif dari famili Coronaviridae. Coronavirus dapat menginfeksi berbagai vertebrata, termasuk kelelawar, burung, trenggiling, ular, tikus, dan manusia (Andersen *et al.*, 2020; Asselah *et al.*, 2021). Penyebaran virus COVID-19 dimulai dari peristiwa penularan zoonosis yang terjadi melalui Pasar Grosir Makanan Laut Huanan yang memperdagangkan hewan liar hidup dan kemudian berkembang menjadi penularan antar manusia (Li *et al.*, 2020; Chen *et al.*, 2020). Sejak Desember 2019, wabah penyakit COVID-19 ditemukan pertama kali di Kota Wuhan Provinsi Hubei China dan menyebar ke seluruh dunia. Pada tanggal 11 Maret 2020, WHO mendeklarasikan COVID-19 sebagai pandemi (Gómez-Mesa *et al.*, 2021). Pandemi COVID-19 yang sudah menyebar ke seluruh dunia bahkan menyebabkan kematian. Secara global, terhitung sampai tanggal 7 Maret 2023, terdapat 759.408.703 kasus COVID-19 yang dikonfirmasi, termasuk 6.866.434 kematian, yang dilaporkan ke WHO. Kemudian, terhitung sampai tanggal 6 Maret 2023, total 13.229.471.213 dosis vaksin telah diberikan (WHO, 2023).

Di Indonesia, terhitung sampai tanggal 12 Maret 2023 terdapat 6.739.067 kasus terkonfirmasi COVID-19 yang terbagi menjadi 6.574.788 (97,6%) kasus sembuh, 160.948 (2,4%) kasus meninggal, dan sebanyak 3.331 masih kasus aktif (PHEOC Kemkes RI, 2023). Indonesia menempati peringkat pertama dengan kasus COVID-19 terbanyak di ASEAN pada tahun 2021 yaitu sebanyak 4.253.598 kasus (Kementerian Kesehatan RI, 2021). Menurut laporan mingguan penanganan COVID-19 terhitung tanggal 18 Oktober 2021, pada periode bulan Juli 2021 diketahui adanya lonjakan kasus COVID-19 dan kematian yang cukup tinggi. Hal ini ada kaitannya dengan mobilitas penduduk. Hampir di semua provinsi, mobilitas penduduk pada bulan Mei 2021 rata-rata lebih tinggi dibandingkan dengan bulan-

bulan sebelumnya, yang mana pada bulan tersebut terdapat hari libur panjang, sehingga terjadi lonjakan kasus COVID-19 pada bulan Juli 2021 (Kemenkes RI, 2021).

Berdasarkan Profil Kesehatan Indonesia tahun 2021 angka kematian (*Case Fatality Rate / CFR*) COVID-19 di Indonesia sebesar 3,4%. Sumatera Selatan merupakan provinsi peringkat ke-5 dengan CFR lebih besar dibandingkan angka nasional yaitu sebesar 5,1% setelah Lampung (7,8%), Jawa Timur (7,4%), Jawa Tengah (6,2%), dan Aceh (5,4%) (Kementerian Kesehatan RI, 2022). Kematian terkait COVID-19 sebagian besar terkait dengan hiperkoagulabilitas dan peningkatan risiko kejadian tromboemboli vena (VTE), yang mengarah ke peradangan trombosis dalam kondisi parah (Zhan et al., 2021). Komplikasi dan koagulopati arteri dan vena trombotik termasuk *Disseminated Intravascular Coagulation (DIC)* telah menjadi penyebab utama morbiditas dan mortalitas terutama pada pasien dengan kondisi komorbiditas, rawat inap berkepanjangan, masuk *Intensive Care Unit (ICU)*, dan ventilasi mekanik. Peradangan yang berlebihan, aktivasi trombosit, disfungsi endotel, dan stasis memainkan peran penting dalam perkembangan komplikasi trombotik (Gungor et al., 2021).

Sebuah studi telah melaporkan bahwa COVID-19 dikaitkan dengan kelainan hemostatik dan peningkatan kadar D-dimer yang berhubungan dengan kematian pasien (Tang et al., 2020; Zhang et al., 2020). D-dimer adalah produk degradasi fibrin dan mencerminkan aktivasi jalur trombotik dan fibrinolitik (Henry and Lippi, 2020; Thachil, Tang, et al., 2020; Xiong, Liang and Wei, 2020; Zhang et al., 2020). Diantara parameter klinis dan biokimia yang terkait dengan prognosis yang buruk, peningkatan kadar D-dimer menjadi prediksi untuk sindrom gangguan pernapasan akut (ISPA), kebutuhan untuk masuk ke unit perawatan intensif (ICU) atau kematian (Tang et al., 2020; Wu and McGoogan, 2020; Hassan et al., 2022). D-dimer dapat digunakan sebagai biomarker prognostik untuk mendiagnosis keadaan trombotik, termasuk emboli paru, trombosis arteri, dan DIC (Olson, 2015). Peningkatan D-dimer dilaporkan pada 35-40% pasien dengan COVID-19, terutama pada orang tua dan orang yang memiliki penyakit penyerta (Tang et al., 2020). D-dimer dianggap normal apabila nilainya kurang dari 0,5 $\mu\text{g/mL}$. D-dimer telah diidentifikasi sebagai indikator potensial untuk prognosis pada pasien COVID-19

(Bounds and Kok, 2023). Selain peningkatan kadar D-dimer, hasil pemeriksaan laboratorium yang buruk dapat menjadi penanda perburukan kondisi pasien yang juga didukung oleh faktor usia dan komorbiditas. Kondisi tersebut dapat mempengaruhi tingkat CEP (*Composite End-Point*) pada pasien COVID-19. CEP didefinisikan sebagai kondisi pasien yang membutuhkan akses unit perawatan intensif (ICU), ventilasi invasif, bahkan sampai pada kematian pasien COVID-19 (Driggin *et al.*, 2020).

Saat ini penelitian mengenai D-dimer sebagai prediktor kematian pasien COVID-19 di Provinsi Sumatera Selatan masih terbatas. Berdasarkan penjelasan latar belakang di atas, penelitian ini dilakukan untuk mengetahui akurasi D-dimer sebagai prediktor kematian pasien COVID-19 di RSUD Siti Fatimah. RSUD Siti Fatimah adalah salah satu rumah sakit rujukan pasien COVID-19 di Provinsi Sumatera Selatan berdasarkan SK Gubernur Sumsel Nomor 201/KTPS/DINKES/2020 yang diterbitkan pada 23 Maret 2020.

1.2. Rumusan Masalah

Sejak Desember 2019, wabah penyakit COVID-19 menyebar bahkan menyebabkan kematian ke seluruh dunia. Terhitung sampai tanggal 7 Maret 2023, terdapat 6.866.434 kasus kematian akibat COVID-19 yang dilaporkan ke WHO. Di Indonesia, terhitung sampai tanggal 12 Maret 2023 terdapat 6.739.067 kasus terkonfirmasi COVID-19 yang terbagi menjadi 6.574.788 (97,6%) kasus sembuh dan 160.948 (2,4%) kasus meninggal. Indonesia menempati peringkat pertama dengan kasus COVID-19 terbanyak di ASEAN pada tahun 2021 yaitu sebanyak 4.253.598 kasus. Menurut laporan mingguan penanganan COVID-19 pada bulan Juli 2021 diketahui adanya lonjakan kasus COVID-19 dan kematian yang cukup tinggi yang diduga ada kaitannya dengan mobilitas penduduk. Berdasarkan Profil Kesehatan Indonesia tahun 2021 angka kematian (*Case Fatality Rate / CFR*) COVID-19 di Indonesia sebesar 3,4%. Sumatera Selatan merupakan provinsi peringkat ke-5 dengan CFR lebih besar dibandingkan angka nasional yaitu sebesar 5,1%. Sehubungan dengan merebaknya pandemi COVID-19, D-dimer telah diidentifikasi sebagai indikator potensial untuk prognosis pada pasien COVID-19 disertai dengan kondisi pemeriksaan laboratorium yang buruk dan dipengaruhi

faktor lain seperti usia dan komorbid. Oleh karena itu penelitian ini dilakukan untuk mengetahui akurasi D-dimer sebagai prediktor kematian pasien COVID-19 di RSUD Siti Fatimah.

1.3. Tujuan Penelitian

1.3.1. Tujuan Umum

Mengetahui akurasi D-dimer sebagai prediktor kematian pasien COVID-19 di RSUD Siti Fatimah.

1.3.2. Tujuan Khusus

Tujuan khusus penelitian ini adalah:

1. Mengidentifikasi gambaran kadar D-dimer, demografik (usia, jenis kelamin, IMT), komorbid, gejala, vaksinasi, waktu *onset*, pemeriksaan vital (*mean arterial pressure/MAP*, denyut nadi, saturasi oksigen, laju pernapasan, suhu tubuh), pemeriksaan hematologi (hemoglobin, hematokrit, leukosit, trombosit, eritrosit, basofil, eosinofil, limfosit, monosit, neutrofil segmen), dan luaran pasien COVID-19 di RSUD Siti Fatimah.
2. Menganalisis hubungan D-dimer dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
3. Menganalisis hubungan usia dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
4. Menganalisis hubungan jenis kelamin dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
5. Menganalisis hubungan indeks massa tubuh (IMT) dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
6. Menganalisis hubungan komorbid hipertensi dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
7. Menganalisis hubungan komorbid diabetes melitus dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
8. Menganalisis hubungan komorbid *cardiovascular disease* (CVD) dengan luaran pasien COVID-19 di RSUD Siti Fatimah.

9. Menganalisis hubungan komorbid autoimun dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
10. Menganalisis hubungan komorbid ginjal dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
11. Menganalisis hubungan komorbid *tuberculosis* (TBC) dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
12. Menganalisis hubungan komorbid penyakit paru obstruktif kronis (PPOK) dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
13. Menganalisis hubungan gejala dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
14. Menganalisis hubungan vaksinasi dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
15. Menganalisis hubungan waktu *onset* dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
16. Menganalisis hubungan *mean arterial pressure* (MAP) dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
17. Menganalisis hubungan denyut nadi dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
18. Menganalisis hubungan saturasi oksigen dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
19. Menganalisis hubungan laju pernapasan dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
20. Menganalisis hubungan suhu tubuh dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
21. Menganalisis hubungan hemoglobin dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
22. Menganalisis hubungan hematokrit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
23. Menganalisis hubungan leukosit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
24. Menganalisis hubungan trombosit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.

25. Menganalisis hubungan eritrosit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
26. Menganalisis hubungan basofil dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
27. Menganalisis hubungan eosinofil dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
28. Menganalisis hubungan limfosit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
29. Menganalisis hubungan monosit dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
30. Menganalisis hubungan neutrofil segmen dengan luaran pasien COVID-19 di RSUD Siti Fatimah.
31. Menganalisis peran D-dimer dan mengetahui akurasi D-dimer sebagai prognostik *survival* pada pasien COVID-19 di RSUD Siti Fatimah.
32. Mengembangkan skor prognostik untuk pasien COVID-19 berdasarkan penemuan faktor-faktor risiko yang diidentifikasi dengan mempertimbangkan variabel kandidat *confounding*.

1.4. Manfaat Penelitian

1.4.1. Manfaat Teoritis

Penelitian ini diharapkan dapat bermanfaat untuk memberikan dasar ilmiah dalam melengkapi landasan teoritis dan pemahaman patogenesis tentang peran D-dimer pada pasien COVID-19, khususnya mengenai hubungannya dengan prognostik *survival*-nya. Serta mengenai hubungan antara gambaran demografik, klinis dan hasil laboratorium terhadap *survival* pasien COVID-19.

1.4.2. Manfaat Praktis

Penelitian ini diharapkan dapat menjadi salah satu pendukung perlunya mengukur kadar D-dimer pada saat masuk rumah sakit sebagai prediktor kematian pasien COVID-19. Selanjutnya, diharapkan agar penelitian ini dapat membuka peluang untuk melakukan penelitian lebih lanjut mengenai peran D-dimer dan mediator lain pada COVID-19.

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