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Physical Fitness Level Vs Comulative Achievement Index

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Abstract
This study aims to look at the relationship between physical fitness and the cumulative achievement index. This research used quantitative method with survey techniques with design correlation. The subjects of this study were Physical Education students from semester 1,3,5, and 7 with 120 students. The sampling technique used was random sampling. The instrument used in this study was TKJ (Indonesian Physical Fitness Test). The results the relationship between physical fitness and cumulative achievement index is very strong where R is valued at 0.891 so it is said to have a very strong relationship, and R square value of 0.795 this data shows that the effect of cumulative performance index on physical fitness was 79.5%, the statistical test of the coefficient of regression test can be seen in the Sig column with the Sig value P = 0,000 so at 5% absent physical fitness has a significant effect on the cumulative achievement index. Based on the t test = the value of t arithmetic (21,360) > t table (2.12) means that it can be

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