AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2nd GRADE STUDENTS OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI

A THESIS

By:

Miftahunajah Aditiya Pratama

06011381823049

English Education Study Program

Language and Arts Education Department



FACULTY OF TEACHER TRAINING AND EDUCATION SRIWIJAYA UNIVERSITY

2022

AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2ND GRADE STUDENTS OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI

Miftahunajah Aditiya Pratama
Student Number: 06011381823049
English Education Study Program
Language and Arts Education Department

FACULTY OF TEACHER TRAINING AND EDUCATION SRIWIJAYA UNIVERSITY PALEMBANG 2022

Approved by Advisor,

Dr. Margaretta Dinar Sitinjak, M.A NIP. 195710041988032001

AF GARULIAS AND PENDIDIKAN

Certified by, Coordinator of English Education Study Program

Hariswan Putra Jaya, S.Pd., M.Pd. NIP, 197408022002121003

AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2nd GRADE STUDENT OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI

Miftahunajah Aditiya Pratama

Student Number: 06011381823049

This thesis was defended by the writer in the final program examination and was approved the examination committee on:

Day: Wednesday

Date: January 12, 2022

EXAMINATION COMMITTEE APPROVAL:

1. Chairperson: Dr. Margaretta Dinar Sitinjak, M.A.

2. Member : Dra. Rita Hayati, M.A.

Palembang, January 15 2022

Tutan,

Certified by, Coordinator of English Education Study Program

Hariswan Putral Jaya, S.Pd., M.Pd. NIP. 197408022002121003

DECLARATION OF PLAGIARISM

I, the undersigned below,

Name

: Miftahunajah Aditya Pratama

Student Number

: 06011381823049

Study Program

: English Education

Certify that the thesis entitled "AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2nd GRADE STUDENT OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI" is my own work and I do not commit plagiarism or quote that is not in accordance with the ethics and rules mandated by the Ministry of Education of the Republic of Indonesia Number 17 of 2010 concerning plagiarism in universities. Therefore, I deserve to face court if I am proven to have plagiarized this work.

Palembang,

Miftahunajah Aditiya Pratama

NIM: 06011381823049

DEDICATION AND MOTTO

This thesis is dedicated to:

My lovely Mother, Father, Brothers and myself

MOTTO

"Always try your best, even if you fail, keep trying. Allah sees your hard work, passion, and persistence."

-Unknown-

ACKNOWLEDGEMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Alhamdulillahi rabbil 'alamin, thanks to Allah SWT who always gives health, life, opportunity, and safety to all of us, sholawat and greetings to our prophet Rasulullah Muhammad SAW, who has guided us from an era filled with darkness to an era that is bright and full of knowledge. Alhamdulillah, finally I was able to finish my thesis well and smoothly. This thesis is as one of the requirements for obtaining the Undergraduate Degree of English Study Program, Faculty of Teacher Training and Education, Sriwijaya University.

This thesis would not have been completed without the help and support of many people. Therefore, in addition to being infinitely grateful for the blessings that have been given by Allah SWT, I also express my deepest gratitude to:

- 1. My mother who I love the most until the end of Hj. Sri Nurmaini, SST,RD and my father whom I am most proud of H. Syarip, S.Ag., M.Pd.I. and my brothers Aan and Eca. Thank you for always supporting me and always praying for me, without the support of mom and dad, I wouldn't be able to get to this stage, there's not much I can say and I give to repay everything you've given, only thanks and prayers.
- 2. My best supervisor, Dr. Margaretta Dinar Sitinjak, M.A. Thank you for providing guidance, direction and advice, so that I can complete my thesis.
- 3. The teachers of MAN Insan Cendekia OKI, Sir Mufarrikhin, Mr. Afry, Ma'am Endah, and other teachers.
- 4. All 2nd grade students of MAN Insan Cendekia OKI who have been willing to become respondents in the research on this thesis.
- 5. All my lecturers who have given knowledge that I did not know before.
- 6. My friends who have helped and encouraged me in completing this thesis, Adinda, Etha, Atika, Mimi, Jasmin, Astrid, Galuh, Eji, Kintan, Ajeng RA, Astri, Fitra, Yosia, Afifah, Dhanti, all members of RG, SEESPA 18

Palembang and Indralaya, Kak Yaudho, Kak Razi, Kak Aidil and my other friends who I cannot mention one by one.

7. All my friends, colleagues and partners in Sriwijaya University, for support and memories while studying at UNSRI.

Palembang,

Writer,

Miftahunajah Aditiya Pratama

Table of Contents

APPRO	VALii
EXAMI	NATION COMMITTEE APPROVAL: iii
DECLA	RATION OF PLAGIARISMiv
DEDIC	ATION AND MOTTOv
ACKNO	OWLEDGEMENT vi
Table of	f Contentsviii
List of 7	Γablex
List of F	Figurexi
List of A	Appendices xii
ABSTR	ACTxiii
СНАРТ	ER I
INTRO	DUCTION1
1.1	Background of the Study
1.2	Problems of the Study
1.3	Objectives of the Study
1.4	The Significance of the Study
СНАРТ	ER II
LITERA	ATURE REVIEW5
2.1	Speaking
2.2	Anxiety5
2.2.	1 Meaning of Anxiety
2.2.	2 Types of Anxiety

2.3	Islamic Senior High School (MAN) Insan Cendekia OKI	7	
2.4	Previous Related Study	8	
СНАРТ	TER III	10	
METHO	ODOLOGY	10	
3.1	Research Design	10	
3.2	Population and Samples	10	
3.2	.1 Population	10	
3.2	.2 Samples	11	
3.3	Research Instrument	12	
3.3	.1 Questionnaire	12	
3.4	Data Collection Procedure	13	
3.5	The Technique of Data Analysis	13	
CHAPTER IV			
FINDINGS AND DISCUSSION1			
4 .1 F	Findings	18	
4.1	.1 Speaking Anxiety in English Classroom	18	
4.1	.2 Type of Speaking Anxiety is the Mostly Dominant Used	58	
4.2 D	viscussion	65	
СНАРТ	TER V	67	
CONCI	LUSIONS AND SUGGESTIONS	67	
5.1 C	onclusions	67	
5.2 S	uggestions	68	
REFER	ENCES	69	
APPEN	APPENDICES		

List of Table

Table 1. Table of MAN Insan Cendekia OKI Students 1	1
Table 2. Table of Student Names for Class XI MAN Insan Cendekia OKI 1	l 1
Table 3. The FLCAS Questionnaire	13
Table 4. Likert's Scoring Scale	16
Table 5. FLCAS Anxiety Scale Adopted from Oetting's Scale	17
Table 6. Summary of Student Answers	18
Table 7. Percentage of student answers	23
Table 8. Categories and scores of the Foreign Language Classroom Anxiety Scal	e
for each student	30
Table 9. Result of Foreign Language Classroom Anxiety Scale	57
Table 10. Highest and lowest scores of each level of English speaking anxiety 5	58
Table 11. Percentage of students' type of communication apprehension 5	59
Table 12. Percentage of type test anxiety in students	51
Table 13. Percentage Type fear of negative evaluation of students	53

List of Figure

Figure 1. Students Answer Graph	22
Figure 2. Graph of the percentage of student answers	28
Figure 3. Students' anxiety level in speaking English	57

List of Appendices

Appendix A	
Appendix B	85
Appendix C	87
Appendix D	88
Appendix E	89
Appendix F	90
Appendix G	98
Appendix H	

AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2nd GRADE STUDENTS OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI

ABSTRACT

Speaking skill is one of the most important skills for human daily life, without the ability to speak, humans will find it difficult to interact with others, especially for the future of students, where students are required to be able to speak many languages, one of which is English. English as an international language. This study aims to see whether there is speaking anxiety in all MAN Insan Cendekia OKI students and also what anxiety type is the mostly dominant used. The research method used is descriptive method with quantitative approach, with questionnaires as data collections. Respondents in this study were 95 grade 11 students. The results of this study indicate that not all students experience anxiety in speaking English, but there are also those who experience anxiety in speaking English, the most dominant type is the third type, where students anxious when someone gives a negative evaluation when they speak English.

Keywords: Speaking Skill, Speaking Anxiety, Negative Evaluation

CHAPTER I

INTRODUCTION

This chapter presents (1) the background of the study, (2) the problems of the study, (3) the objectives of the study, and (4) the significance of the study.

1.1 Background of the Study

In this 21st era, English is one of the most important languages to master, because English is an international language that can assist in communicating and exchanging information with various countries. Therefore, the Indonesian government includes English lessons in the educational curriculum in Indonesia. Start from elementary school, junior high school, senior high school, and also universities in Indonesia, English becomes one of the subjects that counts. It is intended that students in Indonesia can master English and can make it useful for their lives in the future.

There are four English skills that must be mastered by students, there are listening, speaking, reading, and writing. In this case, speaking is an activity used to communicate with other people. Speaking is the most challenging language learning skill (Marzec-Stawiarska, 2015). By mastering Speaking skill, students will find it easier to enter the world of business, entertainment, even to continue higher education later, because proficiency in speaking English has become very commonly used in interview (Srinivas, 2019). However, there are still many students in Indonesia who have difficulties in speaking English well. Some of them fear of using the wrong grammar, fear of being laughed at by their friends, shyness, nervousness, even anxiety when they want to speak in English (Riftriani, Ikhsanudin, and Rezeki, 2019).

Anxiety is a feeling of fear of something happening. The influence of demands, competition, and disasters that occur in life can have an impact on physical and psychological health. One of the psychological impacts is anxiety (Sutejo, 2018). Anxiety itself is one of the obstacles for students in speaking English.

According to Rudiansyah, Amirullah, and Yunus (2016), there are many factors that trigger anxiety in students at school. Such as high curriculum targets, non-conducive learning nuance, dense assignments, and tight assessment systems, and injustices can be factors that cause anxiety originating from curriculum factors. Likewise, the attitude and treatment of teachers who are less friendly, harsh, fierce, and less competent can also be a cause of anxiety in students which comes from the teacher factor. Then the strict application of school discipline that prioritizes punishment, the less comfortable school climate, and the limited facilities and pre-study facilities are also factors that trigger anxiety in students originating from school management factors.

In a related study conducted by Joni and Dharmayanti (2016) with the title "The Effect of Anxiety in Speaking Activities with the research subject of 70 (seventy) students of class X SMAN 1 Blahbatuh", this study focuses on the correlation between anxiety and the ability to speak English in students. From this study, it was found that there was an influence between the anxiety experienced by students and the ability to speak English as much as 79%, while the influencing factors included self-anxiety in communicating English, selfanxiety when facing exams, and fear of negative judgments from others. In a study conducted by Darmaida Sari (2017) which focused on investigating the factors causing speaking anxiety in 11th-grade students of SMA N 5 Banda Aceh, it was found that students experienced the highest anxiety in the communication apprehension factor based on the results of the Foreign Language Classroom Anxiety Scale (FLCAS) questionnaire. From the questionnaire, it can be seen that students' anxiety towards English class is 39%, English exam anxiety is 40%, fear of negative assessment is 53%, and students' anxiety about speaking English is 71%.

Therefore, many schools carry out programs such as the use of English in daily learning activities to increase self-confidence and eliminate anxiety in students when speaking English. One of the schools that carried out the program is Madrasah Aliyah Negeri Insan Cendekia OKI (MAN IC OKI).

MAN Insan Cendekia is a secondary education unit model that combines Islamic Religious Education (PAI) with enrichment in the fields of science and technology as its main characteristic. One of the advantages of MAN Insan Cendekia compared to other high schools is that it is an Islamic boarding school that requires students to communicate daily in the school environment using Indonesian, English, and Arabic. The writer is interested for analyze whether there is anxiety from students at MAN Insan Cendekia OKI in speaking English because they use English in their daily activities and supervised by spies (language supervisors). Besides that, the author is one of the alumni of this school. The participants of this research are 2nd grade students of MAN Insan Cendekia OKI. The writer choose the 2nd graders because the writer thought that the students at this level were not too busy to prepare for the exams and had also been in the school for a long time. The research conducted by the writer is entitled "AN ANALYSIS OF ENGLISH SPEAKING ANXIETY OF THE 2nd GRADE STUDENT OF ISLAMIC SENIOR HIGH SCHOOL (MAN) INSAN CENDEKIA OKI".

1.2 Problems of the Study

- 1. Is there any English speaking anxiety experience by the 2nd grade students of MAN Insan Cendekia OKI
- 2. What type of speaking anxiety is the mostly dominant used by the 2nd grade students of MAN Insan Cendekia OKI

1.3 Objectives of the Study

- 1. To analyze whether there is anxiety in speaking English from the 2nd grade students of MAN Insan Cendekia OKI
- 2. To find out what type is the mostly dominant used by the 2nd grade students of MAN Insan Cendekia OKI

1.4 The Significance of the Study

The results of this study are expected to help students, teachers, writers, and others. This research can be additional knowledge for students to be more motivated in improving speaking skills. For teachers, it is hoped that this research can be additional knowledge for teachers what type is more dominant in the anxiety of speaking English in students. From this study, writer can also have more experience in research and can find out what type is more dominant in English speaking anxiety from students of MAN Insan Cendekia OKI, and it is also hoped that this research can be a reference for other future studies.

REFERENCES

- Ayu Ari Wiryadi Joni, D., & Ayu Paramita Dharmayanti, P. (2016). Pengaruh Anxiety Dalam Speaking Activities. *Jurnal Bakti Saraswati*, 05(02). www.timothyjpmason.com
- Brown, H. D. (2001). *Teaching by Principles, an Interactive Approach to Language Pedagogy (2nd Ed.)* (Vol. 4): New York: Pearson Education.
- Harmer, J. 2007. The Practice of English Language Teaching. Edinburg: Pearson Education Ltd.
- Horwitz, E. K. and Dolly, J. Young. (2011). Language Anxiety: from Theory and Research to Classroom Implications. New Jersey: Prentice-Hall Inc., 1991.
- Horwitz, E.K., Horwitz, M.B. & Cope, J. 1986. Foreign language classroom anxiety. The Modern Language Journal, 70, (2), 125-192.
- Leong, L.-M., & Ahmadi, S. M. (2017). An Analysis of Factors Influencing Learners' English Speaking Skill. *International Journal of Research in English Education*, 2(1), 34–41. https://doi.org/10.18869/acadpub.ijree.2.1.34
- Marzec-Stawiarska, M. (2015). Investigating foreign language speaking anxiety among advanced learners of English. In M. Pawlak& E. Waniek-klimczak (Eds.), Issues in Teaching, Learning and Testing Speaking in a Second Language (pp. 103-119). New York: Springer. https://doi.org/10.1007/978-3-642-38339-7_7
- Ningsih, E. W., Bahasa, A., & Balikpapan, A. (2017). Kecemasan Dalam Berbicara
 Bahasa Inggris Mahasiswa Semester Keempat Akademi Bahasa Asing
 Balikpapan English Speaking Anxiety of the Fourth Semester Students of.

- Nunan, D. (1995). Language teaching methodology: a textbook for teachers. New York: Phoenix Ltd.
- Ormrod, J.E. (2011). Educational Psychology: Developing Learner. Boston: Pearson Education.
- Riftriani, A. Z., Rezeki, Y. S., Language, E., Study, E., Language, P., & Faculty, E. (2019). Factors Influencing Students 'Speaking Difficulties in Giving Oral Presentation. *Jurnal Pendidikan Dan Pembelajaran Khatulistiwa*, 8(10). http://jurnal.untan.ac.id/index.php/jpdpb/article/view/37105
- Rudiansyah, Amirullah, M. Y. (2016). Upaya Guru Dalam Mengatasi Kecemasan Siswa Dalam Menghadapi Tes (Pencapaian Hasil Belajar) Siswa Di Smp Negeri 3 Banda Aceh. *Jurnal Ilmiah Mahasiswa Pendidikan Kewarganegaraan Unsyiah*, 1, 96–109.
- Sari Oktaviani, F., Radjab, D., & Ardi, H. (2013). an Analysis of Students' English

 Language Anxiety At Sman 7 Padang.

 http://ejournal.unp.ac.id/index.php/jelt/article/view/2367
- Sari, D. (2017). SPEAKING ANXIETY AS A FACTOR IN STUDYING EFL By Darmaida Sari 1 Syiah Kuala University, Banda Aceh. *English Education Journal (Eej)*, 8(2), 177–186.
- Srinivas, P. R. (2019). The Importance of Speaking Skills in English Classrooms. Alford Council of International English & Literature Journal(ACIELJ), Vol 2(Issue 2), 18. www.acielj.com
- Suciati, S. (2020). Speaking Anxiety in Efl Classroom: Categories and Factors. *Edulingua: Jurnal Linguistiks Terapan Dan Pendidikan Bahasa Inggris*, 7(1). https://doi.org/10.34001/edulingua.v7i1.1168
- Sugiyono. (2017). Metode Penelitian Kuantitatif, Kualitatif, dan R&D. Bandung : Alfabeta, CV.

- Surya Dharma, MPA., P. . (2008). Pendekatan, jenis, dan metode penelitian pendidikan.
- Syahfutra, W. (2021). Students' Speaking Anxiety in English Education Study Program. *ELT-Lectura*, 8(1), 74–83. https://doi.org/10.31849/elt-lectura.v8i1.5920